1.	Almond Chocolate	
1.	Ingredients	Method
	6 tsp Cocoa powder	Shift icing sugar, milk powder and cocoa
	3 tsp Milk Powder	powder.
	100 gms Icing Sugar	Melt ghee in a pan. When it melts remove
	100 gms Cashew nut almond powder	and mix icing sugar, milk powder and
	3 tsp Ghee	cocoa powder and stir. Add cashew nut
	4 Drop Vanilla essence	almond powder and mix well. Mix vanilla
		essence.
		Apply ghee on the palms and make round
		balls from the contents. Leave them in the
		refrigerator for two hours. Remove and
		cover them in silver foil paper.
2	Annala Tana	
2.	Apple Jam Ingradients	Method
	Ingredients	
	1 Kilo Apple pulp	Cut all the fruits into small piece and
	1 Kilo Sugar,6 gms Citric acid	pressure cook them.
	½ tsp Raspberry Essence	Take pulp in a pot and add sugar and mix
	1 Pinch Red Colour	well, when sugar dissolve add citric acid
	1 ½ gms Sodium benzoate	and stir till it thickens.
		When it thickens, add colour, essence and
		sodium benzoate.
3.	Atone Soup	
J.	1 Tin cream of asparagus	In a pressure cooker take chopper
	½ Kilo Tomatoes	tomatoes, and rice. Add 6 cups of water
	100 gms Chinese moong bean	and pressure cook till 1 whistle.
	¹ / ₄ Kilo peas	Boil peas and pieces in water and add a
	2 tbsp. Rice soaked in water for five	pinch of soda.
	minuets	Add asparagus, butter and corn flour
	Paper powder, Salt	mixed with milk to the soup.
	6 Cups water, 1 Cup Milk	Boil for ten minutes. Remove from the
	1 tbsp Butter, 1 tsp vinegar	heat and add salt, pepper, vinegar and
	1 tosp Butter, 1 tsp vinegar 1 tsp corn flour	tomato sauce.
	2 tbsp Tomato Sauce	tomato saucc.
	2 tosp Tomato Sauce	
4.	Bakul Vada	
	Ingredients	Method
	6 Raw Bananas, 100 gms Ground nut	Boil bananas in pressure cooker. Roast groundnut
	20 gms Sesame seeds	and remove the skin and then grind in the mixer.
	1 tbsp Lemon juice	Take mashed banana in a plate. Add sesame seeds,
	2 tbsp Sugar, 2 tbsp Green chili paste	lemon juice, sugar, green chili paste and salt.
	Salt, 1 cup coriander leaves	Soak and squeeze bread slices and mix with the mixture. Mix coriander leaves. Make flat Vada.
	3 bread slices, oil for frying	Deep fry in oil.
	5 oreau sinces, our for frying	3r J

	Dan an a huuraan	
5.	Banana burger	Mada 1
	Ingredients	Method
	500 gms Raw banana	Peas in the pressure cooker. Peel and mash banana and peas. Mix – green chili paste, red
	150 gms peas, 6 bread buns 3 Cucumbers, 3 Tomatoes	chili powder, Lomon juice, sugar and salt.
	1 tsp Green chili paste	Divide the mixture into equal parts. Make
	1 tsp Red chili powder	cutlets and deep fry in the warm oil.
	1 cup coriander chutney	Chop tomatoes and cucumber into fine slices.
	½ tsp Lemon juice	Place the slices of cucumber and tomatoes
	2 tsp sugar, Salt, Tomato sauce	along with the pea banana cutlet between the
	2 tsp sugar, sait, romato sudec	bun slices and bake for five minutes in oven.
6.	Panana Chans	
0.	Banana Chops Ingredients	Method
	500 gms Bananas	Boil peas and bananas in a pressure
	100 gms peas, 100 gms poha	cooker. Peel and mash bananas. Mix peas.
	1 Cup <i>Urad</i> bal, 1 Cup Coriander leaves	Soak parched rice for ½ hour. Mix them
	½ the Lemon Juice,	all Add chili paste, lemon juice, sugar,
	2 tsp Garam Masala	Garam Masala, salt, raisins and coriander
	3 tbsp Green chili paste	leaves.
	1 tbsp sugar, salt,	Soak <i>Urad</i> dal for four hours in water.
	2 tbsp Red chili powder	Grind to make the batter. Dip banana balls
	2 tosp red emii powdei	in the batter and fry in the oil.
		in the outer that if y in the on.
7	Banana Chuteny	
, , , , , , , , , , , , , , , , , , ,	Ingredients	Method
	1 Ripe Banana, 3 Green Chilies	Peel out the skin of bananas and cut it into
	1 Cup Coriander Leaves	pieces.
	½ tbsp Lemmon Juice	Grind all the ingredients to paste.
	2 tbsp Cumin seeds, 1 tsp Sugar	
	Salt, 1 tbsp Coconut grated	
7.	Banana Cutlets	
	Ingredients	Methods
	6 Raw Bananas, 100 gms peas	Boil the bananas and peas in a pressure
	1 Cup Grated coconut	cooker. Peel and mash the bananas and peas.
	1 tsp Green chili paste	Add salt and arrowroot and knead to make the
	1 Cup coriander leaves	dough. Mix grated coconut, green chili paste, lemon
	2 tsp Lemon Juice	juice, sugar and salt, mix coriander leaves and
	2 tsp Sugar, Salt	raisins.
	15 Raisins	Flatten bananas ball in the palm and press
	½ Cup Arrowroot.	filling in the center. Round it up and the
		flatten to form a patty. Deep fry in oil.

8.	Banana Kachori	
	Ingredients	Method
	3 Bananas, 2 Cups All- purpose flour 1 Cup Curd, ½ Cup Date Tamarind Chutney 1 Cup Sev, 1 tsp Garam Masala 2 tbsp Green Chili paste ½ Cup Grated coconut 1 Cup Poha, 1 tbsp Lemon juice 2 tbsp sugar, Salt, Oil for frying	Cook the bananas in a pressure cooker. Peel and mash bananas, Mix salt, all-purpose flour and knead the dough. Mix grated coconut, Poha, Garam Masala, green chili paste, lemon juice, sugar and salt. Mix coriander leaves. Flatten a banana ball in the palm and press the rice mixture in the center. Round up and then flatten to make a patty. Deep fry in oil, soak all these fried patties in curd. Sprinkle a little salt, cumin seeds powder, coriander leaves, date-tramarind chutney, and Sev while serving.
9.	Banana Frankie	
	Ingredients For the Roti 2 cups All-Purpose flour, Sheat flour Salt, Ghee For the Chutney: ½ Cup Mint, 1 ½ Cup Coriander leaves 4 Green chilies, 1 tbsp lime Juice 1 tbsp Sugar,½ tbsp Cumin seeds Salt, Grind all the other ingredients in the mixer to make chutney.	Method Shift both the flours. Add salt to the flour and knead the flour with water to make the dough. Roll Roti from the dough and roast on the griddle. When serving, roast Roti on the griddle. Spread chutney over the Roti. Place a banana cutlet on Roti. Sprinkle chopped tomatoes. Roll up Rotis.
10	Danana Culahiamun	
10	Banana Gulabjamun	Mada da
	Ingredients 200 Gms Khoya ricotta cheese 400 gms Sugar 2 Ripe Bananas 6 Cardamom's powder 15 Sugar pieces, ghee for frying 2 Drops Rose essence	Methods Khead the ricotta cheese to a bid ball. Boil water and put the ricotta cheese in the boiling water for four minutes. Remove the water Knead the ricotta cheese. Take ripe bananas and peel out the skin Mash them. Mix ricotta cheese, mashed bananas and arrowroot, Knead for a few minutes. Press a cube of Sugar in each ball. Round up and fry in the warm ghee. Take sugar in a pot. Add water until the sugar dissolves. Mix cardamom powder. Boil the mixture to make the syrup with 1 tar. Boil the fried Jamuns in the syrup for 10 minutes. Add rose essence.

Banana Panki	
Ingredients	Method
6 Row Bananas, 50 gms Arrowroot Coriander leaves 2 tbsp Green chili paste, Salt 1 tbsp Cumin Seeds, ½ Cup curb 2 tbsp Lemon juice Banana leaves	Boil the bananas in a pressure cooker. Remove the skin and mash them. Mix curd, cumin seeds, salt, green Chilie paste. Mix well. Add arrowroot. Make into a fine batter. Add coriander leaves and lemon juice. Spread oil on the leaves. Spread the batter over it. Steam this Panki until cooked.
Banana Vada	
Ingredients	Method
500 gms Bananas, 100 gms Peas 100 gms Poha, 2 Cups Chana dal flour Coriander leaves ½ tbsp Lemon Juice 2 tbsp Garam Masala 3 tbsp Green Chili Paste 1 tbsp Sugar, Salt 2 tbsp Red Chili powder ½ tbsp Turmeric powder 1 tbsp Mustard seeds 1 tbsp Urab Dal, a few curry leaves Oil for frying.	Boil peas and banana in a pressure cooker. Peel and mash banana. Mix peas. Soak parched rice for ½ hour. Take a frying pan and heat a little oil. Saute <i>Urad</i> dal and when it turns red, add mustard seeds. When they crackle, add curry leaves, turmeric powder, chili paste. Mix this with the mashed bananas. Mix salt, lemon juice, sugar, Garam Masala and coriander leaves. Shift chana dal flour. Add salt, turmeric powder and red chili powder. Mix water to from a batter. Dip banana mixture in the batter and fry in oil.
Page 2000	
Bean soup Ingredients	Method
½ Cup Rajma, 2 Tomatoes ½ tbsp Red chili powder Salt, 2 clove ½ tbsp Lemon juice 1 tbsp oil, For serving 3 tomatoes Coriander leaves	Soak beans for over night, heat oil in a pot. Sauté chopped. Add chopped tomatoes, paste, chili powder and salt. Add three cups of water to beans and pressure cook with above ingredients for three whistles. Mix in the mixer and strain the soup through a fine shift. Add lemon juice.
Bhvnagari ganthia	
Ingredients:	Method
500 gms Besan flour 2 tbsp Soda-bi-carbonate 2 tsp Salt, 1 ½ Cup oil 2 Cup Water, 2 tbsp Ajma	Heat a griddle and fry soda-bi-carbonate and salt. Shift besan and Soda-bi-carbonate and salt. Mix oil and water and mix for 15 minutes. Mix besan mixture and add ajma. Khead the flour. Put big hole jari in the machine and fill with the dough. Heat oil in a pan and make Ganthia and fry.

Dijawa njakla	
Bijora pickle Ingredients	Method
5 Kilo Bijora 1 ½ Kilo Brown sugar 1 ¼ Kilo Salt ½ Kilo Mustard seeds 2 tbsp. Turmeric powder 1 Cup Sugarcane Juice.	Boil bijora in a pot, till they are fully cooked. Cut them into long pieces. And fill them with salt. Next day, remove from the salt water, and dry them. In a pot take mustard seeds powder, brown sugar and turmeric powder. Mix bijora with this mixture. Add sugarcane juice.
Bisi belle rice	
Ingredients	Methods
2 Cup Basmati rice, 4 whole Red Chilies, 1 tbsp Mustard seeds ½ Cup roasted peanuts Curry leaves, 3 tbsp oil A pinch of asagetida, 6 tbsp Tamarind pulp Brown sugar, 4 tbsp <i>Urad</i> dal 2 tbsp sesame seeds (til) ½ tbsp. Turmeric powder, Salt	Heat oil in a pot. Add mustard seeds and dried chilies. Sauté grams dal and <i>Urad</i> dal until they are brown. Add turmeric powder, asafetida, curry leaves and roasted peanuts. Stir, fry for ½ a minute. Add tamarind pulp, brown sugar and salt to the mixture. Cook for sometime. Roast and grind sesame seeds and two red chilies.
Brown sugar mango pickle	
Ingredients	Method
10 Raw mango pickle 150 gms Mustard seeds powder 150 gms coriander seeds powder 1 big tbsp fennel seeds Salt 2 tbsp Turmeric powder 2 to 3 tbsp Red chilies powder Brown sugar	Cut mangoes into pieces. Take a pot, add raw mango pieces mix salt and turmeric powder. Stir for two days. Raw mango pieces two cup take 3½ cup brown sugar. Roast mustard seeds powder and dry coriander seeds powder in a little oil. In a pot take raw mango pieces. Mix brown sugar. Add mustard seeds powder, dry coriander seeds powder, fennel seeds red chili powder.
Check cake	Made de
Ingredients 280 gms All-purpose flour 1 Tin condensed milk 4 tbsp Baking powder 1 tbsp Soda 1 tbsp Vanilla essence 1 Drops Green colour 2 Drops chocolate colour	Methods Prepare the batter as per the recipe of sponge cake. In one part of the batter mix green colour, in the second part mix chocolate colour and the third part leave white. Grease the oven tray. Place the divider in the tray and pour the three colours in the three division of tray.

120 gms butter, 150 gms water	Remove slowly the divider and bake the cake over 375 F for 30-35 minutes. Cool and make yellow colour icing on the top. And make net design of pink and green colour with a plastic cone.
Chili Pickle	
Ingredients	Method
1 Kilo Green chilies	Cut the chilies on one side.
25 gms Turmeric powder	Mix salt, turmeric powder, mustard seeds
150 gms Mustard seeds powder	and oil. Fill this Masala in each chilies.
200 gms salt, Oil	Press and fill. Add lemon juice.
Chinese fried rice	
Ingredients	Methods
1½ Cup Basmati rice	After two hours boiled water, add salt and
100 gms Bell peppers	rice, cook the rice. Spread the rice in a
150 gms Cabbage	plate.
50 gms French beans	Put all chopped vegetables in a cold water
6 tbsp Salad oil	for two hours. In a pot, heat oil and add
½ tbsp aginomotto	squeezed beans, and aginomotto. Mix
½ tbsp chili sauce	squeezed beans and bell pepper. Add salt.
1 tbsp white vinegar	Take three tbsp oil in a frying pan. Heat
3 tbsp sugar	the oil and add sugar. Heat until the oil
Salt	turns brown.
	Mix rice, vinegar, chili sauce, soya sauce.
	Mix all vegetables, and spread chopped
	spring.
Chocolate nut)
Ingredients	Methods
1 Tin condensed milk,	Melt ghee in a frying pan. Add slowly
1 tbsp Cocoa powder	condensed milk.
3 then Weills Farmer	After sometime when it thickens, add
4 tbsp Vanilla Essence	cocoa powder and stir continuously. Add a
For stuffing 25 gms Cashew nut	little ghee. Pour the mixture in a greased
	plate. Leave for ten minutes and give oval
	shape by filing one cashew nut inside it.
Chocolate cake	
Ingredients	Method
125 gms all purpose flour	Shift all purpose flour, soda, baking powder,
2 tbsp baking powder, ½ tbsp Soda,	cocoa powder and baking soda.
1 tbsp Cocoa powder,	For the icing
1 tbsp Drinking chocolate	Cut the cake horizontally from the center and
1 tbsp Vanilla essence,	apply icing and again fix the upper part. Then
½ Tin condensed milk, 4 tbsp Butter	make icing on the top.

Chocolate coating	
Ingredients	Methods
3 tbsp Icing Sugar ½ tbsp milk powder 2 tbsp Coco powder 2 tbsp Drinking Chocolate 2 tbsp Drops lemon juice	Shift icing sugar, milk powder, drinking chocolate and cocoa powder for 2 to 3 times. Take the mixture in a pan and put it on the top layer of boiler. Add ghee and lemon juice stir the mixture by adding water till it attains a coating consistency. Dip toffee, chocolates for the coating. Dip any dry centers in the coating. Dip one by one chocolates and place them on butter paper. Leave for five hours to dry. This mixture is poured in a grease plate and leave in the refrigerator for one hour.
Chocolate fudge	
Ingredients 1/2 liter milk 2 tbsp Crisco, 1 Tin Condensed milk 2 tbsp Cocoa powder, 1/2 tsp Vanilla essence 50 gms Walnut, Almond and pistachio.	Method Mix cocoa powder with three tbsp milk in a frying pan. Add the remaining milk and condensed milk. Stir continuously till it thickens. Add ghee and when the mixture leaves the side of the pot close the gas. Add Vanilla essence and 50 gms walnut, almond and pistachio pieces. Pour the mixture in a greased plate.
Chocolate with biscuit bar	
Ingredients	Method
50 gms biscuit 1 tbsp Crisco 1 Tin Condensed milk 4 tbsp Sugar 3 tbsp Glucose powder ½ cup water	Take condensed milk, sugar, glucose powder in a frying pan and add water and mix well. When the paste is thick add butter. When it cools, spread the paste in between the two biscuits. Now cover the whole biscuit with the paste.
Cilentre soun	
Cilantro soup Ingredients	Method
4 Cloves, 1 Cup Cilantro leaves 1 tbsp Butter, 1 Bay leaves 1 tsp paper corns Salt, ¼ tsp White pepper powder	Add cilantro leaves. Melt butter in a pan, add bay leaves, pepper corns, and fry for two minutes. Add, cilantro stems and water. Boil for sometime. When the cilantro is cooked, remove it and mix the mixture. Add white pepper powder. Add salt sprinkle chopped cilantro leaves.

Coconut chutney	
Ingredients	Method
1 coconut	Grate coconut. Roast chutney dalia, curry
2 Green chilies	leaves and tamarind. Mix all the
A little Dalia chutney	ingredients with coconut mixture.
1 tbsp <i>Urad</i> dal	Add salt, sugar, piece and green chilies
Tamarind Curry leaves	
Salt, 1 the Sugar	chopped. Grind in mixture to paste.
Mustard seeds	Take oil in a pan and heat, add mustard
Mustard seeds	seeds, <i>Urad</i> dal and curry leaves.
Coconut milk toffee	
Ingredients	Method
½ Tin condensed milk	In a frying pan take the mixture of milk
6 tbps milk powder	and milk powder. Heat it on low heat, in it
½ tsp Cup milk	add sugar and stir till it becomes thick.
4 tbsp Grated coconut	Slowly add condensed milk, butter and
½ tbsp Vanilla essence	stir when it leaves the side of the pan and
1 tbsp butter	grated coconut.
1 tbsp Drinking chocolate	Pour the mixture in a greased plate. After
4 tbsp Sugar	20 minutes make toffees. Decorated with
25 gms Walnut	a piece of walnut.
23 gms wantit	a piece of warnut.
Corn burger	
Ingredients	Method
6 Corn Cobs	Divide each corn cob into half and boil in
6 Burn Breads	a pressure cooker. Grate boiled corn and
100 gms Tomatoes	mix Paneer and Cheese.
3 Cubes cheese	Warm the oil a frying pan. Sauté green
1 tbsp Green chili paste	chili paste. Add chopped tomatoes and
1 tbsp Red Chili powder	cook for five minutes. Add corn mixture,
100 gms Paneer ricotta cheese	salt, red chili.
Salt	Cut the bun bread into two slices and
Tomato sauce	spread the corn mixture between them.
	Bake for five minutes in the oven.
Corn Dhokla	
Ingredients	Method
1½ Cup Rice	Shift grams dal flour and rice flour.
150 gms Corn Cobs	Melt ghee in a pot, Add mustard seeds
1/4 Cup gms Dal flour	when they crackle put cumin seeds. Add
½ tbsp Lemon juice	Corn and Sauté for five minutes. Pour
1 Cup milk, 1 Cup Cilantro leaves	milk. Mix both the flours slowly stirring.
¹ / ₄ Cup Coconut, grated	Mix salt, green chili paste and sugar.
1 tbsp Green chili paste	Mix salt in the mixture and stir for five
Salt, 1 tbsp Mustard seeds	minutes. In a pot boil water put a ring.
½ tbsp Cumin seeds	Grease plate and pour the corn mixture.

Corn flalres ab 1-	
Corn flakes chevada	N. d. 1
Ingredients	Method
250 gms Corn flakes	Heat oil in a frying pan and fry corn
1 tbsp Cumin seeds	flakes.
1 tbsp Fennel seeds	In another pot take 1 tsp. Oil and heat.
4 tbsp Sugar, ½ tsp Dry Mango powder	Add fennel seeds and cumin seeds and
½ tsp Turmeric powder	then pour on the corn flakes.
3 tbsp Red chili powder	Mix turmeric powder, salt, sugar, red ch
Salt, Oil for frying	powder and dry mango powder.
Corn handwa	
Ingredients	Method
4 Cups corn seeds	Add curb to the cream of rice. Add wa
2 Cups cream of rice	water to make the liquid batter.
½ Cup Chana Dal flour	Grind the corn seeds. Add coriander leav
½ Cup Chana Dai Houi	sesame seeds, chili paste and salt. Heat oi
½ Cup curu	a frying pan, add the mustard seeds, and cu
2 tbsp Mustard seeds	leaves.
Oil, Curry leaves	Add the corn mixture and rice batter. Pour
1 tbsp Sesame seeds	tray. Cook in the oven at 350 f for 45 minu
1 tosp sesame seeds	
Corn Panki	
Ingredients	Method
6 Corn Curbs	Grate corn. Add all the other ingredient
2 tbsp all purpose flour	and mix well. Cut banana or maize leav
1 tbsp Cream of wheat	into square pieces, apply oil and put the
½ Cup coriander leaves finely chopped	mixture over it. Overlap with another
2 Crushed Green chilies	banana leaf.
1/4 tbsp Soda,2 tbsp Curd	Roast in non stick-pan until it is brown
2 tbsp Oil, Salt	both the sides.
Corn Pizza Ingradients	Method
Ingredients	
800 gms Corn flour	Dissolve yeast in lukewarm water. Add
200 gms All-purpose flour	corn flour and ghee and make smooth
100 gms Ghee, 25 gms Yeast	dough.
3 tbsp powder sugar, Salt	Keep for 15-20 minutes. Knead the dou
For preparing Sauce:	and roll thick chapattis. Grease the over
5 Tomatoes, ½ tbsp Garam Masala	tray and arrange the rolled out pizza
Salt, 2 Corn cobs grated	chapattis. Press lightly from all sides.
3 Bell pepper	
2 Green chilies chopped	
Cheese grated	

Corn Poha	
Ingredients	Method
1 Kg Corn cobs, 100 gms Poha	Cook corn in a pressure cooker. Separate
50 gms Peas, 4 Green chilies	corn seeds. Soak parched rice. Boil peas.
Salt, 3 tbsp Oil	Warm the oil in a frying pan make baghar
2 tbsp Sugar, 1 tbsp Lemon juice	with Cumin seeds, add a pinch of
1 pinch asafetida, ½ tbsp Cumin seed	asafetida and boiled corn.
2 tbsp Grated coconut	Add parched rice, salt, sugar, lemon juice,
1/4 Cup Coriander leaves	coriander leaves.
Corn Pudala	
Ingredients	Method
3 Cup corn seeds	Crush corn in the mixture. Mix corn flour
4 bread slices	and curd to make a batter.
1 tbsp corn flour	Now mix 1 tbsp corn flour, salt, pepper
1 Cup Curd	powder and wet bread slices. Smash them
Oil	well and mix them in the batter.
Salt	Heat a griddle. Spread the batter quickly
2 Cup Corn flour	into a thin pancake. Add oil from the side.
1 tbsp pepper powder	Roast on both the side.
C	
Corn Soup	M-41 1
Ingredients	Method
1 tbsp Sugar, 1 tbsp Corn flour	Grate corn and add water and boil in
1 Cub Milk, Pepper powder	pressure cooker. Remove and strain. Dissolve corn flour in milk and add butter
Salt, 1 tbsp Butter 1 tbsp Ajinomotto	to soup and boil for 10 minutes. Add salt,
1 tbsp White vinegar	pepper, ajinomoto and vinegar.
1 tosp winte vinegar	pepper, ajmomoto and vinegar.
Corn Upama	
Ingredients	Method
4 Corn Cobs, 5 Green chilies	In a pot take milk and grated corn. Cover
1 tbsp <i>Urad</i> Dal	with the lid and boil on low heat until
1 tbsp Sugar, 1 tbsp Lemon juice	cooked. Add chili paste, salt, sugar and
Curry leaves, 3 Cups milk	lemon juice.
Coriander leaves	In pot stir fry <i>Urad</i> dal and curry leaves
Salt	with a litter oil.
Corn wada	
Ingredients	Method
250 gms Cream of corn	Add the buttermilk to the cream of corn,
2 Cups Butter milk,	Add turmeric powder, salt, soda, green
2 tbsp green chili paste,	chili paste and sugar and make the dough.
1 tbsp Turmeric powder, Salt	Add warm oil. Make the small thick puris
Oil for frying, 1 pinch of Soda 1 tbsp Sugar	with hands and fry in the warm oil on the medium heat.

Cream-center chocolate	
Ingredients	Method
8 tbsp icing sugar	Shift icing sugar and milk powder for 2-
4 tbsp Cashew nut powder	times. Mix cashew nut powder and knea
4 tbsp milk powder	the dough with a little water.
2 Drops Red colour	In one part add red colour and vanil
3 Drops vanilla essence	essence. Leave the other part as white.
	In between the two plastic roll out fir
	white part and then roll out colour part
	Keep the white part on colour part and ro
	it. Cut them into pieces. Dip it in the
	chocolate coating and leave to dry of
	butter paper.
Cuava chutnov	
Cuava chutney Ingredients	Method
2 Ripe Guava, 3 Pepper seeds	Cut Guava into pieces.
2 thsp Fennel seeds, 1 thsp fennel seeds	Mix all the ingredients and make a paste.
Salt, ¼ Cup Cilantro leaves	See that all the seeds of guava are madet
4 tbsp Coconut, grated, 4 tbsp sugar	paste.
+ tosp Coconut, grated, + tosp sugar	paste.
Cucumber soup	
Ingredients	Method
1 kilo cucumber	Melt butter in a pot. Add grated cucumber
1 Lemon	and 7 cups stock. Boil for 10 minutes.
Pepper powder	When cool, strain through a fine shift.
7 Cups Stalk	Dissolve corn flour in milk and mix with
1-1/2 Cup Milk	soup. Boil the soup for 10 minutes.
1 tbsp Corn flour, 1 tbsp butter,	Remove from the heat and add salt,
1 Drop green colour, Salt	pepper and green colour.
Dahi Vada	
Ingredients	Method
200 gms Green grams dal	Soak green grams for 4 hours. Grind it or
250 gms Curd	the stone to make soft vada.
500 gms Date chutney	Add Salt and green chili paste, fry vadas
Red chili powder	in oil. Do not keep the batter, as they wil
3 Green chili paste	not become soft.
Cumin seeds powder	Put this vadas in luke warm water.
Salt	Squeeze out water and serve in a plate.
¹ / ₄ Cup Cilantro leaves	Spread curd date chutney on the vada.
Oil fir frying	Sprinkle salt, red chili powder and cumir
	
	seeds powder.

	Dalia chutney	
	Ingredients	Method
	¹ / ₄ Cup Salt, 6 tbsp Red chili powder	Grind all ingredients to paste.
	1 tbsp Sugar, 3 tbsp Dalia	Add dalia, sugar, salt and red chili.
	Doll cake	
	Ingredients	Method
	Sponge cake 120 gms lcing sugar 2 tbsp warm water 1 doll without legs Different colours	Prepare the cake as sponge cake but in the jelly mould. If the cake is prepared in jelly mould, it's shape will be just like the frock of doll. Shift icing sugar and add water slowly by continuous mixing till the consistency is ready to apply. Make icing on the cake. Then make design with the help of nozzle mix different colours in small quantities of icing.
	Double –decker biscuit bar	
	Ingredients	Method
	8 cream biscuits	Divide all the biscuits into tow parts. Shift
	½ tbsp ghee	3 times icing sugar, cocoa powder,
	½ Cup milk powder	drinking chocolate.
	½ Cup milk	In the top double boiler container melt
	2 tbsp Cocoa powder	ghee. Add icing sugar, cocoa powder,
	½ tbsp Vanilla essence	drinking chocolate and milk powder. Add
	4 tbsp Drinking chocolate	milk slowly. The paste is ready to pour.
	6 tbsp icing sugar	Pour the first part of the paste over the
	½ tbsp Lemon juice	butter paper. Over the paste, spread one
		half biscuit.
		Pour the second part of the paste over the
		biscuit. Spread the remaining half of
		biscuit. Pour the third part of the paste.
-	Dwy account about a sec	
	Dry coconut chutney	Mathad
	Ingredients	Method Reset all the ingredients and grind them to
	1 dry coconut, 1 tbsp Groundnut	Roast all the ingredients and grind them to
	1 tbsp chutney dalia,1 tbsp sesame seeds 1 tbsp Cumin seeds,	paste.
	1 tosp Cumin seeds, 1 tosp Coriander seeds,	
	2 tbsp Red chili powder, Salt	
	2 tosp red eiiii powder, sait	

Dry fruit cake	
Ingredients	Method
130 gms all purpose flour	Shift all – purpose flour, soda and baking
2 tbsp baking powder	powder.
½ tbsp Soda, ½ tin condensed milk	In a pot take butter and melt beat for five
½ cup caramel sugar,	minutes. Mix the flour and stir. Mix
25 gms mixed peel, 5 gms Cashewnut	cashew nut and walnut pieces. Mix
5 gms walnut	raisins, currants and mixed peels. Add mix
5 gms Currants	fruit extract and beat.
5 gms Raisins	Put the butter into greased butter paper
60 ml butter	tray. Bake in an oven over 300 F for 1
75 ml water	hour. Cool the cake and first apply the
1 tbsp mix fruit extract	almond paste.
Fried <i>Urad</i> Daldal	
Ingredients	Method
200 gms Dal	Soak grams dal in water for one night.
1 Pinch soda	Add pinch of soda. Next day, spread it on
Salt	a cloth for ½ hour.
3 tbsp Red chili powder	Heat oil in a frying pan and when fumes
½ tsp Black salt	came out, put grams dal. When it comes
	up remove and put another dal. Fry all the
	grams dal.
	Mix salt, black salt and red chili powder
Fudge Fingers)
Ingredients	Method
100 gms Sweet biscuit	Mix butter, sugar, milk, salt and Cocoa
50 gms Butter	powder. Mix vanilla essence and Cashew
50 gms Sugar	nut. Mix the mixture with crushed
1 then Gagas payeder	biscuits.
1 tbsp Cocoa powder	Roll the mixture in a greased tray. Keep in
3 Drops Vanilla essence	the fridge for 30 minutes. Mix sugar, Cocoa powder and warm water
4 tbsp Cashew nut A Pinch of Salt	
For Chocolate Icing	to make icing. Spread the icing on the fudge.
1½ Cup Icing sugar	Decorate with grated coconut.
3 tbsp Cocoa	Decorate with grated cocondt.
2 tbsp Warm Water	
For the Decoration	
1 Cup Dry grated coconut.	
1 Cup Di y gracou coconut.	

Golden Christma's cake	
Ingredients	Method
100 gms Dried apricots 100 gms Maraipan,175 gms Butter, 175 Caster sugar, 100 gms Walnuts ½ Cup Orange juice, 225 gms Currants 225 gms All-purpose flour 2 tbsp Baking powder, 1 tbsp Soda 2 tbsp Ground cinnamon, ½ tin condensed milk	Shift all purpose flour, baking powder, soda and cinnamon powder. Dissolve apricots in boiling water for 4 hours. Roll the marzipan into marble sized balls. Cream the butter and sugar until light and fluffy. Mix condensed milk and flour and beat. Mix apricots, walnuts, currants and orange juice. Bake in the center of the oven for 1 hour at 300 F. Remove the cake
	and cool.
Green chutney	
Ingredients	Method
1 Cup Cilantro leaves, 1 tbsp mint leaves, 3 tbsp Chutney dalia, 2 tbsp Groundnut 2 tbsp Coconut, grated, 5 green chilies 1 small piece Ginger, 2 tbsp Sugar Salt, 2 Pepper seeds, 1 Lemon Juice	First grind groundnut, chutney dalia, and green chilies and then mix all the ingredients and make a paste.
Green grams dal dhokla	
Ingredients	Method
3 Cup Green grams dal 5 Green chilies Salt Ghee 3 tbsp Cumin seeds 1 Cup Cilantro leaves	Remove the skin. Add the squeezed dal and green chili and grind to paste. Add salt and just churn and pour the batter in the greased <i>thali</i> . Sprinkle cilantro leaves. In a pot boil water. Put the <i>thali</i> in the pot steam out <i>dhokla</i> . After 10 minutes remove the <i>thali</i> . In a pot heat ghee. Add cumin seeds and pour this <i>baghar</i> on the <i>dhokla</i> .
Green Khaman	
Ingredients	Method
1/4 Cup Green peas, 2 Cups gms Dal Flour 1/4 Cup Cream of wheat 4 Green chilies, Cilantro leaves 1 tbsp Sugar, Salt 1/2 tbsp Citric acid 2 Drop green colour 1 tbsp Eno salt, 1/2 tbsp Mustard seeds 1/2 tbsp Sesame seeds, Curry leaves	Shift grams dal Flour. Mix gram dal flour, cream of wheat, sugar, salt and citric acid. Grind peas, green chilies, cilantro leaves to paste. Mix it with grams dal flour and make a batter. Mix eno salt and stir for five minutes. In a pot take water and boil and put a ring. Grease a plate and pour the batter. In a pan, heat oil. Add mustard seeds and when they crackle put cumin seeds and curry

Grilled dhokla	
Ingredients	Method
3 Cups Rice	Mix <i>Urad dal</i> . Grind the grinder. The flour
1 Cup <i>Urad dal</i>	should be a little granular.
Butter Milk	Take a pot, heat the butter milk and mix salt
½ tbsp Baking Soda	and flour. Stir continuously while adding the
2 tbsp Oil	flour. Beat the flour and add green chili paste.
2 tbsp Green chili paste	After adding soda and oil, beat again.
Salt	In a pot boil water. Grease a plate and pour the butter. Leave in the pot. Steam the <i>dhokla</i>
For the sandwich:	for seven minutes. Cool and then cut them
Tomato slice	into bread size pieces.
Cucumber slices	Apply butter on each <i>dhokla</i> slice, spread
½ Cup coconut	chutney and sauce. Arrange, cucumber and
Butter.	tomato slices and cover with another piece of
	dhokla Grill.
Groundnut Chutney	
Ingredients	Method
200 gms Groundnut	Roast groundnut and remove the
½ Cup Sesame seeds	covering.
¹ / ₄ Cup Red chili powder	Roast sesame seeds and grind them to
3 tbsp cumin seeds powder	granules and mix red chili powder, salt
Salt	and cumin seeds powder.
Guava Jam	
Ingredients	Method
1 Kilo Pulp Guava	Cut guava fruit in to small pieces and
1 Kilo Sugar	pressure-cook them for four whistles.
4 gms Citric acid	Cool and shift the pot and add sugar and mix
50 gms Butter	well. When sugar dissolves add citric acid and
Salt for tastes	stir till it thickens. When it thickens and
Sait for tastes	leaves the sides of the pot remove.
	Sprinkle almond, pistachio and cashew nut
	pieces and when cool cut into pieces and wrap
	it in butter paper.
Instant dhokla	
Ingredients	Method
2 Cups Cream of wheat	Shift cream of wheat. Mix cream of wheat,
2 Cups milk	milk and curd to form a batter. Leave the
2 Cups Curd	batter for 15 minutes.
3 tbsp Green chili paste	Add salt, green chili paste, chopped cilantro
cilantro leaves	leaves. Beat the batter. Add soda with a little
1 tbsp Soda	oil and two tbsp.
Salt	In a pot boil water. Grease a plate and pour
Suit	the batter and leave in the pot. Steam the
	dhokla for 20 minutes.

Haidrabadi biryani	
Ingredients	Method
1 Cup Basmati rice	Cook the rice in a pot. When cooked add
1 tbsp Saffron	saffron mixed with the milk. Melt ghee in
1 tbsp Milk	a pot sauté cashew nut.
2 tbsp Ghee	In the ghee add clove, cinnamon,
2 Cloves	cardamom. Mix salt, sugar, fried cashew
2 Cinnamon	nut, raisings and cooked rice.
25 gms Cashew nuts	Boil chopped beans and peas. Fry
15 Raisins	cauliflower strips. Boil water, add
2 tbsp Sugar	tomatoes and cook for 10 minutes. In a
Salt	frying pan, melt ghee.
2 Cardmoms	Sauté grounded Masala, stir for two
For Vegetables :	minutes, add tomato, fried vegetables and
50 gms French beans	salt. Stir for five minutes. Mix the sour
150 gms peas	cream.
100 gms culiflower	Divide rice in three parts sour cream and
150 gms tomatoes	vegetables into two parts.
1 tbsp ghee	Grease oven tray. Spread one part of rice
Salt	first, over it spread sour cream, then
For the grinding Masala:	spread vegetables. Bake in an oven at 350
1 cup grated coconut	F for 10 minutes.
2 whole red chilies	
1 cup coriander leaves	
3 cloves	
2 cinnamon	
1 tbsp dry coriander powder	
1 tbsp cumin seeds	
2 tbsp green chili paste	
2 black crdamoms (Grind all the Masala	
in the mixture)	
2 cups sour cream	
	<u> </u>

Kadai Pulav	
	Method
Ingredients 250 gms Basmati rice, 50 gms French beans, 50 gms peas 1 Bunch Palak, 100 gms Khoya 100 gms cream, 100 gms paneer 1 tbsp oil, 2 tbsp butter Salt, ½ tbsp turmeric powder 2 tbsp Sugar, 1 tomato 2 Drops red color, 2 tbsp milk 2 cashew nut, 15 Raisins 1 tbsp Garam Masala For the Garam Masala 1 cardamom, 1 cinnamon 2 cloves, 2 bay leaves 2 black pepper, 1 black cardamom 1 tbsp Cumin seeds	Soak the rice in the water for ½ hour. In a kadai heat the oil, add Garam Masala mixed with 2 tbsp of milk. Stir for a while and add ½ liter of water when it starts to boil, add rice, sugar, and turmeric powder. After five minutes, put a griddle under the Kadai and place it on the stove on the low heat. Cover the Kadai and put some weight on the lid until the rice is cooked. Mix red colour with water and add it to the paste. Milt butter in Kadai add spinach paste, boiled vegetables, Khoya, Paneer and cream. Add salt.
Khaman Dhokla	
Ingredients	Method
2 Cups Gram dal, ½ Cup green gram dal 4 tbsp green chili, 2 tbsp sugar 1 tbsp Lemon juice, 1 tbsp Eno soda ¼ tbsp turmeric powder, Salt For the baghar: 2 tbsp oil 1 tbsp Mustard seeds 240 gms asafetida 2 tbsp oil Curry leaves 2 Green chilies,Salt ¼ Cup Grated coconut ½ Cup cilantro leaves	Soak gram dal and green gram dal in water for eight hours. Grind in the mixture to pate. Mix turmeric powder, green chili paste, sugar and salt. Mix eno salt over it put lemon juice and beat for some time. In a pot boil water. Grease a plate and pour the batter and leave in the pot on a ring. Steam the <i>dhokla</i> for twenty minutes. Heat oil in the pot. Add mustard seeds and asafetida. Sauté green chili pieces and add the dhokla. Remove and sprinkle grated coconut and cilantro leaves.
Lemon skin pickle	
Ingredients	Method
24 lemon skin 200 gms Sugar 2 tbsp Garam Masala 4 thsp Red chili powder Salt 1 tbsp asafetida	Chop lemon skin into pieces. Take it in a steel pot. Boil water and add lemon skin pieces. When they are cooked, remove and dry the pieces on the cloth. For two cup of pieces take 3½ (three and half) cup to sugar. Take sugar in a pot, add water and boil. Make the syrup to two tar.

Lentil soup Ingredients 100 gms lentil ½ kilo tomatoes Pepper Salt 8 cup water 1 cup milk, 1 tbsp butter 8 stalks celery, 1 lemon juice 1 tbsp corn flour	Add lemon pieces and when the lemon pieces swell, remove from the gas and mix Garam Masala, salt. Red chili powder and asafetida. Method Soak lentil in 4 cups water for 4 hours. Remove from water pressure cook the lentil, tomatoes and celery for two whistles. Heat butter on a slow heat. Add corn flour mixed with milk and stir. Add lentil soup. Remove from the gas and add salt, pepper and lemon juice.
	and ternon juice.
Madeline cake	
Ingredients	Method
130 gms all purpose flour	Prepare the batter same as sponge cake,
2 tbsp baking powder	but mix one thsp grated coconut in the
½ tbsp soda	batter and put the batter in Madeline cup.
½ tin condensed milk	Bake in an oven at temp. about 375 F for
60 ml butter	20 minutes.
75 ml water	Take mix fruit jam and add a little warm
1 tbsp vanilla essence	water to make it like sauce.
Madeline cups	Dip the Madeline cake pieces in the jam
Mix fruit jam	sauce and roll in the grated coconut.
Coconut powder	
Makai Kofta	
Ingredients	Method
1 cup corn	Grate corn. Sauté green chili. Add salt,
1 tbsp black pepper powder	pepper powder coriander leaves, milk,
3 green chilies	grated corn and corn flour.
1 tbsp corn flour	Mix water, salt and chana flour to form a
2 tbsp <i>Urad dal</i>	liquid batter. Put each wada in the batter
2 tbsp Bread crumbs	and then roll in the bread crumbs.
Salt, Ghee	
1 cup milk, 1/8 cup coriander leaves	
Mango Jam	
Ingredients	Method
1 kilo pulp mango, 750 gms sugar	Cut the fruits into small piece and pressure cook them
4 gms citric acid,250 gms saffron colour	for four whistles.
1 gms sodium benzoate	Take pulp in a pot and add sugar and mix well when sugar dissolve add citric acid and stir till it thickens.
8	When it thickens mix colour, and sodium benzoate.

1	
Mathia manga	
Methia mango	M-41 - 1
Ingredients	Method
2½ kilo Raw mango	Clean lenugreek seeds powder. Take it in a
300 gms fenugreek seeds powder	big thali, mix turmeric powder, red chili powder, salt and asafetida. Mix castor oil and
350 gms Red chili powder	mix the <i>Sambhar</i> powder.
400 gms Salt, 1 tbsp Turmeric powder	Add, heated oil the <i>Sambhar</i> becomes black.
½ tbsp asafetida, ¾ kilo castor oil	react of the samonar occomes ofack.
Manifesta Dellas	
Maxican Pulav	N 1 1
Ingredients	Method
1 cup basmati rice	Boil the water in a pot and add the rice
³ / ₄ cup whole sprouted green <i>chanas</i>	cook the rice and then spread in a plate.
½ cup green peas	Boil sprouted chana, peas and leaves.
½ bunch spinach, ¼ cup cabbage	In a frying pan, heat oil. Add cabbage and
200 gms fried <i>Paneer</i> pieces	stir for five minutes. Mix cooked rice,
2 tbsp oil, 1 lemon juice	boiled vegetables, Paneer pieces and salt.
Ground nut juice, 1 cup roasted peanuts	Crush the roasted peanut. Add water and
2 tbsp brown sugar	churn for two minutes. Cook on a low
Salt,1 cup water	heat and add brown sugar, salt and red
½ tbsp red chili powder	chili powder. Boil for two minutes and
For the decoration	remove from the heat.
Seven Papads	Serve rice in an oval plate. Mix peanut
	sauce and lemon juice.
7.50	
Minestrone soup	
Ingredients	Method
500 gms tomatoes, 100 gms zucchini	Heat butter in a pot. Add all chopped
100 gms cabbage,200 gms French beans	vegetables and celery. Add water and boil
100 gms Chinese moong beans	for twentyfive minutes.
6 stalks celery, 1 cup milk	Shift, the soup through a five shift.
1 tbsp corn flour, 1 ½ tbsp butter	Dissolve corn flour in milk. Add to the
pepper slat	soup. Boil, add slat, pepper, boiled
For garnishing	vegetables, tomatoes, tomato sauce, and
1 cup boiled spaghetti,	boiled spaghetti.
2 tbsp grate cheese,	
1 ½ cup boiled beans, peas and cabbage	

Mix fruit jam	
Ingredients	Method
1 kilo pulp (4 apple, 2 banana, 1 small pineapple, 1 small papaya) 750 gms sugar	Cut all the fruits into small piece and pressure cook them for four whistles. Cook and shift the pulp.
4 gms citric acid 240 gms red colour ½ tbsp mix fruit extract (raspberry,	Take pulp in a pot and add sugar and mix well. When sugar dissolve add citric acid and
orange, pineapple) 1 gms sodium benzoate	stir till it thickens. When it thickens mix colour, extract and Sodium benzoate.
Moong dal croquetters	
Ingredients	Method
200 gms green grams 1 pack bread 100 gms groundnut 4 green chili paste ½ cup green chutney Oil for frying Salt	Soak moong dal 34 hours. Grind it with eth skin. Add salt and green chili paste. Take a slice of bread and cut into four pieces. Take a piece of bread, spread chutney and over it put the batter of moong dal. Sprinkle groundnut granules over and press. Fry in oil.
Moorga pudi	
Ingredients	Method
1 cup Urad dal 1 cup Tuver Dal ½ cup Red chili powder Salt 1 tbsp Turmetic powder	Roast all the three dal separately in little oil, till brown. Grind them in grinding stone and mix red chili powder, salt and turmeric powder mix well and fill in the bottle.
Nargis Pulav with navabi curry	
Ingredients	Method
1 cup basmati rice, 100 gms peas 50 gms apricots, 25 gms cashew nuts 1 tbsp poppy seeds, 25 gms raisins 4 tbsp ghee,3 tbsp sugar, Salt For the stuffig 3 tbsp green chili paste, Salt 2 tbsp all-purpose flour, 1/4 cup pomegranate seeds 4 cloves, 4 cardamom 2 cinnamon	Cook rice in the boiling water. Cook well, until all the rice separates, boil peas. Add salt, sugar and ghee. Remove the almond seeds from the apricot. Soak in the water for an hour. Add slat chili paste, all-purpose flour and make good smooth mixture. Fry in the oil. Heat ghee in a pot. Make baghar with cinnamon, cloves and cardamom. Add cooked rice, nargis ball, fried cashew nut, rassains. Sprinkle pomegranate seeds powder and poppy seeds.

Navabi curry	
Ingredients	Method
1 grated coconut, 2 cups water	Grind coconut, tomatoes, soaked mun
3 tomatoes, ½ cup coriander leaves	dal and chilies.
10 curry leaves, Salt	Melt ghee sauté curry leaves and chili
1/4 cup all purpose flour	paste. Add tomato pulp. Beat curd and
½ cup curd, 50 gms mung dal	mix allpurpose flour to it. Mix coconu
4 green chilies	mug dal paste and stir.
	Add sugar, coriander leaves. Boil for
	sometime until look a like thick curry.
Punchamrut chutney	
Ingredients	Method
½ cup Ground nut,½ cup chutney dalia	Dissolve tamarind and brown sugar at
2 tbsp Sesame seeds,	make to pulp.
4 tbsp Red chili powder	Roast for one minute all the remaining
1 tbsp coriander seeds,	ingredients and grind them to paste. N
2 tbsp cumin seeds	with brown sugar and tamarind water.
½ tbsp turmeric powder, 1 tbsp tamarind	With the Wil Sugar und tamaring Water
3 tbsp brown sugar	
Paneer dhokla	
Ingredients	Method
3 cups rice	When rice dries mix urad dal. Grind is
1 cup urad dal	grinder. The flour should be a little
butter milk	granular.
2 tbsp green chili paste	Take a pot, heat butter milk and mix s
salt	and flour. Stir continuously while add
½ cup green chutney	the flour. Beat the flour and add green
300 gms paneer	chili paste.
	In a pot boil water. Grease a plate and
	pour the batter.
	Stream the dhokla for five minutes
	remove and apply chutney and spread
	grated Paneer the over it pour the batt
	and steam again for fifteen minutes.
D: 1 1	
Pineapple cake	Mathad
Ingredients Spange cake	Method Take groups cake in a tray Pemoya the
Sponge cake	Take sponge cake in a tray. Remove the
1 litre vanilla ice cream	syrup from the pineapple tin.
1 tin pineapple few cherries	Pour 2-3 tbsp. Pineapple syrup over the
	cake. Melt vanilla ice cream and pour
	the cake. Decorate with pineapple slic

Pineapple Jam	
1 kilo pulp pineapple and four apple 750 gms sugar citric acid ½ tbsp pineapple essence 480 gms yellow colour 1 gms sodium benzoate	Cut all the fruits into small piece and pressure cook them for 4 whistles. Cool and shift the pulp. Take pulp in a pot and add sugar and mix well. When sugar dissolve add citric acid and stir till it thickens. When it thickens mix colour essence and sodium benzoate.
Di de la la la de	
Pistachio chocolates) No. 1 1
Ingredients	Method
3 tbsp milk powder 3 tbsp icing sugar 1 tbsp cocoa powder ½ tbsp yellow colour ½ tbsp pistachio essence a little water	Shift icing sugar and milk powder. In a glass plate mix icing sugar and mix powder. To the mixture add cocoa powder colour, essence and chopped pistachio. Add water with tbsp and knead the doug
Punjabi raw mango pickle	
Ingredients	Method
2 ½ kilo raw mango 100 gms salt 75 gms turmeric powder 200 gms fennel seeds 60 gms Dry, 30 gms black pepper 200 gms mustard seeds powder 10 gms asafetida.	Take a pot, add mango pieces, slat, turmeric powder. Add fennel seeds, fenugreek seeds, dry, pepper corn, mustard seeds powder and asafetida. Heat mustard seeds oil and cool. Mix wi the pickle and stir daily three times.
Punjabi samosa	
Ingredients	Method
For the samosa layer: 2 cup all-purpose flour, 240 gms baking soda, 2 tbsp cream of wheat 2 tbsp ghee, 2 tbsp curd Cold water, Salt. For the Masala: 7 Kashmiri red chili 3 cloves, 1 tbsp cumin seeds ½ tbsp coriander seeds for the filling 250 gms peas, ½ Cup cilantro leaves 1 tbsp Raw mango powder 2 tbsp chaat Masala, 2 tbsp oil 1 tbsp pomegranate seeds powder ¼ tbsp asafetida, Salt	Knead the dough. Divide into equal parts. the Roll out one piece into roti. Make one part into cone and fill the filling and close the upper part by applying a little water and present Make all the samosa. Deep fry in the oil. Boil peas in a pressure cooker. Mash the peas In a frying pan heat oil. Add asafetida, peas, salt, raw mango powder, chaat Masala, pomegranate powder and slat. Add Masala powder and mix well. Add cilantro leaves ar mix. Shift the all purpose flour. Mix cream of wheat and all-purpose flour, add ghee, curd and salt.

Ragada pattice	
	Method
Ingredients 200 gms dry white peas 200 gms tomatoes, ½ tbsp Tumeric powder 1 tbsp garma Masala 2 tbsp red chili powder 2 tbsp green chili paste, 3 tbsp oil, Salt for the patice: 300 gms green pease 2 tbsp green chili paste 6 slice bread, 1 tbsp mango powder 1 cup cilantro leaves ½ tbsp sugar, Salt for roasting for the topping: Chutney, Mint cilantro chutney	Method Soak dry peas in water for 10 hours, chop tomatoes and mix in the mixture to pulp. Heat oil in a pot. Sauté green paste. After two minutes add tomato pulp, salt, turmeric powder, Garam Masala and rde chili powder. Boil for sometimes and then add boiled peas. Boil peas in a pressure cooker. Mash them. Add squeezed bread, paste, mango powder, cilantro leaves, sugar and salt. Make patties. Roast on a griddle till brown on both the sides by adding little oil. Arrange patties in a plate. Pour ragda.
Tamarind date chutney, ½ cup cilantro leaves	Spread chutney, mint cilantro chutney and tamarind date chutney.
Raspberry jam	
Ingredients	Method
1 kilo pulp raspberry 1 kilo sugar 4 gms citric acid 240 gms red colour 1/4 tbsp raspberry essence 1 1/2 gms sodium benzoate	Cut all the fruits into small piece and pressure cook them for four whistles. Take pulp in a pot and add sugar and mix well. When suga5r dissolve add citric acid and stir till it thickens. When it thickens mix colour, essence and sodium benzoate.
Ratlamni sev	
Ingredients 500 gms Dal flour, 1 cup oil 1 cup water, ½ tbsp sodium bi carbonate	Method Mix water and oil, churn for ½ hour. When it becomes white, mix soda, lemon
Salt,2 tbsp white chili powder 240 gms Asafetida 1 lemon juice, 1 tbsp pepper powder ½ tbsp ajma powder	juice, white chili powder mix grams dal flour in this water. Add salt, pepper powder, asafetida and ajma powder. Knead the dough and fill in the machine. Heat oil in a pan and make sev.
Raw mango chutney	
1 small raw mango 5 tbsp sugar 3 tbsp cumin seeds Salt 1/4 tbsp Turmeric powder	Cut raw mango and into small pieces. Add all the ingredients and make to paste.

Ingredients 1½ kilo Raw mango 1 kilo Tendali 1 kilo Tendali 1 lin a pot take raw mango pieces and tendali jieces and mix turmeric power and salt. Dry them on a cloth. 3 the thorizon the tendali jieces and mix turmeric power and salt. Dry them on a cloth. In a jar add sambhar powder and mix tendali jieces. Pour oil, we is already heated and cooled. Raw tomato chutney Ingredients 2 raw tomatoes 3 the poil, I small piece 3 green cumin seeds 4 the poil, I small piece 3 green cumin seeds 5 the poil, I small piece 4 the powder, Salt Ripe banana halwa Ingredients In frying pan take mashed bananas and the mod paste. Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and the mix until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and the mix until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and the mix turmeric powder. A the mod Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and the the oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general the paste oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general the paste oil in a pot. Add fennel seeds are to material to powder. Wix fired the paste oil in a pot. Add fennel seeds are to mix utility brown. Add and stir for five minutes on heat. Mix fired oil in a pot. Add fennel seeds are to mix utility brown. Add and stir for five minutes on heat. Mix fired oil in a pot. Add fennel seeds are cumin seeds. After two minutes of the paste oil in a pot. Add fennel seeds are cumin seeds. After two minutes oil in a pot. Add fennel seeds are to mix utility brown. Add	Raw mango tendai pickle	
Cut raw mango and tendali into piece In a pot take raw mango pieces and tendali pieces and mix turmeric power and salt. Dry them on a cloth. In a jar add sambhar powder and mix tendali and mango pieces. Pour oil, wis already heated and cooled. Raw tomato chutney	<u> </u>	Method
1 kilo Tendali 400 gms Sambhar masala Salt 3 tbsp turmeric powder Oil Raw tomato chutney Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil, I small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients Ripe banana halwa Ingredients Method Rape doubt the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general cumin seeds. After tw		
400 gms Sambhar masala Salt 3 tbsp turmeric powder Oil Raw tomato chutney Ingredients 3 tbsp sesame seeds 1 tbsp oil, 1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Add salt and turmeric powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Add salt and turmeric powder. Add salt and turmeric powder. Mix ficut coconut and stir for five minutes put ge chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficut coconut and stir and mix grounding and chutney dalia, stir for five minutes.		
Salt 3 they turmeric powder Oil Raw tomato chutney Ingredients 2 raw tomatoes 3 they pessame seeds 1 they poil, I small piece 3 green cumin seeds ½ they turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 they ghee 5 almonds 3 pistachios Rosted chevada Ingredients Add salt and turmeric powder, Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix ficult coconut and stir and mix groundra and chutney dalia, stir for five minutes. Add salt and turmeric powder delia stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		
3 tbsp turmeric powder Oil Raw tomato chutney Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil, 1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Nested chevada Ingredients Rosted chevada Ingredients So gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. In a jar add sambhar powder and mix tendali and mango pieces. Pour oil, w is already heated and cooled. Method Heat oil in a pot. Add cumin seeds are tomato pieces. Cook for 10 minutes. Add all the othe ingredients and grind them to paste. In frying pan take mashed bananas. Mathem to a paste. In frying pan take mashed bananas are mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hallow cumin seeds. After two minutes put ge chilies and curry leaves and stir for tominutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Add salt and turmeric powder and chutney dalia, stir for five minutes. Add salt and turmeric powder rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		
Take oil in a pot. Add cumin seeds are tomato pieces. Pour oil, wis already heated and cooled. Raw tomato chutney Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil,1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients Ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal chilies and curry leaves and stir for two minutes put general chilies and curry leaves and stir for two minutes. Add salt and mango pieces. Pour oil, wis salready heated and cooled. Heat oil in a pot. Add all the othe ingredients and paste. Method Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal chilies and curry leaves and stir for two minutes. Add salt and mango pieces. Cook for 10 minutes. Add all the othe ingredients and grind them to paste. Method Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal curnin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firent and cashew nut pieces, almond them to paste. Add salt and turmeric powder. Mix firent and cashew nut pieces, almond them to paste. Tipe bananas Method Take oil in a pot. Add fennel seeds are mix with grated ricotta cheese and su cook on a low heat until brown. Add and stir for five minutes. Add salt and turmeric powder. Mix firent and curry leaves and stir for two minutes. Add salt and turmeric powder the province of the province of the		
Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil,1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa	± ±	1 1 2
Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil, 1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Take oil in a pot. Add cumin seeds an tomato price bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method And stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method And stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minute of the properties of the propertie	Oli	, , , , , , , , , , , , , , , , , , ,
Ingredients 2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil, 1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Take oil in a pot. Add cumin seeds an tomato price bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method And stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method And stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minute of the properties of the propertie	Raw tomato chutney	
2 raw tomatoes 3 tbsp sesame seeds 1 tbsp oil,1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Rosted chevada Ingredients Rosted chevada Ingredients Cook for 10 minutes. Add all the othe ingredients and grind them to paste. Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put gentlies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firect curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tomato pieces. Cook for 10 minutes. Add all the othe ingredients and grind them to paste. Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put ge chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firent to cumin seeds. After two minutes put ge chilies and curry leaves and stir for two minutes. Add salt and turmeric powder and chutney dalia, stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal curry leaves and stir for two minutes. Add salt and turmeric powder and chutney dalia, stir for five minutes on heat. Mix cardamom powder. Then add cashew nut pieces, almond on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	•	Method
tomato pieces. Cook for 10 minutes. Add all the other ingredients and grind them to paste. Cook for 10 minutes. Add all the other ingredients and grind them to paste. Cook for 10 minutes. Add all the other ingredients and grind them to paste. Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and sure Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Rosted chevada Ingredients Method Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firent curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tomato pieces. Cook for 10 minutes. Add all the other ingredients and grind them to paste. Method Peel out the skin of ripe bananas. Mathem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firethem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firethem to a paste. In frying pan take mashed bananas and mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix eardamom powder. Grease a plate. Spread the banana hale diverse and surry leaves and stir for two minutes. Add salt and turmeri		
1 tbsp oil,1 small piece 3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa		1 1
3 green cumin seeds ½ tbsp turmeric powder, Salt Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundn and chutney dalia, stir for five minute. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	1	
Ripe banana halwa Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Rosted chevada Ingredients Method Took on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put gothiles and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fired cut coconut and stir and mix grounder and chutney dalia, stir for five minutes. Add salt and turmeric powder. Mix fired cut coconut and stir and mix grounder and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		
Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Rosted chevada Ingredients Method Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. So gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 them to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minute Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		ingious and give them to public
Ingredients 12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients Method Rosted chevada Ingredients Method Rosted chevada Ingredients Method Rosted chevada Ingredients Soo gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 them to a paste. In frying pan take mashed bananas an mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hal cumin seeds. After two minutes put go chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firent cut coconut and stir and mix groundre and chutney dalia, stir for five minutes Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	Rine banana halwa	
12 ripe bananas 200 gms ricotta cheese 200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients 500 gms groundnut, 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Peel out the skin of ripe bananas. Ma them to a paste. In frying pan take mashed bananas at mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundre and chutney dalia, stir for five minute Then add cashew nut pieces, almond on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	•	Method
them to a paste. In frying pan take mashed bananas ar mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale strands are cumin seeds. After two minutes put generated successed and surface to the same and stir for two minutes. Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put generated surface to the same and stir for two minutes. So gms dry coconut, 50 gms raisins to gms dry coconut, 50 gms raisins to game dry coconut, 50 gms raisins to cashew nut, 25 gms almond to curry leaves, 3 Green chilies to generate them to a paste. In frying pan take mashed bananas are mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes cardamom powder. Grease a plate. Spread the banana hale strands are cumin seeds. After two minutes put generated the banana hale strands are cumin seeds. After two minutes put generated the banana hale strands are cumin seeds. After two minutes put generated the banana to cumin seeds. After two minutes put generated the banana hale strands are cumin seeds. After two minutes put generated the banana hale strands are cumin seeds. After two minutes put generated the banana hale strands are cumin seeds. After two minutes are cumin seeds. After two minutes. Add salt and turmeric powder. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		
200 gms Sugar 6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Rosted chevada Ingredients 500 gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. In frying pan take mashed bananas ar mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fit cut coconut and stir and mix groundra and chutney dalia, stir for five minute and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	*	
6 cardamom's powder 4 tbsp ghee 5 almonds 3 pistachios Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana hale Rosted chevada Ingredients 500 gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. mix with grated ricotta cheese and su Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fir cut coconut and stir and mix groundn and chutney dalia, stir for five minute Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		1 1 *
4 tbsp ghee 5 almonds 3 pistachios Rosted chevada Ingredients 500 gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Cook on a low heat until brown. Add and stir for five minutes on heat. Mix cardamom powder. Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fir cut coconut and stir and mix groundmand chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		1 1 2 2 2
and stir for five minutes on heat. Mix cardamom powder. Grease a plate. Spread the banana half method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fire cut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		
Cardamom powder. Grease a plate. Spread the banana hale Rosted chevada Ingredients 500 gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Cardamom powder. Grease a plate. Spread the banana hale Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firms cut coconut and stir and mix grounder and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	1 0	
Rosted chevada Ingredients Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. So gms dry coconut, 50 gms raisins ocashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Grease a plate. Spread the banana halmanical chilies. Method Take oil in a pot. Add fennel seeds ar cumin seeds. After two minutes put general chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fir cut coconut and stir and mix grounding and chutney dalia, stir for five minuted the first powder, with a cut coconut and stir and mix grounding and chutney dalia, stir for five minuted the first powder and chutney dalia, stir for five minuted the first powder and chutney dalia, stir for five minuted and chutney dalia, stir for five minuted the first powder and chutney dalia, stir for five minuted and chutney dalia, st		
Ingredients 500 gms nylon parched rice 100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Method Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put gonines chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix firms cut coconut and stir and mix grounder and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	1	Grease a plate. Spread the banana halwa
Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put good chilies and curry leaves and stir for two minutes. Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put good chilies and curry leaves and stir for two minutes. Take oil in a pot. Add fennel seeds are cumin seeds. After two minutes put good chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fire cut coconut and stir and mix grounder and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	Rosted chevada	
cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fir cut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	Ingredients	Method
100 gms groundnut, 100 gms chutney dalia 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. cumin seeds. After two minutes put g chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix fit cut coconut and stir and mix groundn and chutney dalia, stir for five minutes Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	500 gms nylon parched rice	Take oil in a pot. Add fennel seeds and
chilies and curry leaves and stir for two minutes. 50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. chilies and curry leaves and stir for two minutes. Add salt and turmeric powder. Mix find cut coconut and stir and mix grounding and chutney dalia, stir for five minutes. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	C 1	cumin seeds. After two minutes put gree
50 gms dry coconut, 50 gms raisins 50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. minutes. Add salt and turmeric powder. Mix fi cut coconut and stir and mix groundm and chutney dalia, stir for five minute Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	, , , , , , , , , , , , , , , , , , ,	chilies and curry leaves and stir for two
50 cashew nut, 25 gms almond Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Add salt and turmeric powder. Mix fix cut coconut and stir and mix groundn and chutney dalia, stir for five minute. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	· · · · · · · · · · · · · · · · · · ·	
Curry leaves, 3 Green chilies 2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. cut coconut and stir and mix grounder and chutney dalia, stir for five minute Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		Add salt and turmeric powder. Mix fine
2 tbsp turmeric powder 2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. and chutney dalia, stir for five minute Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		cut coconut and stir and mix groundnut
2 tbsp chili powder, ½ tbsp Citric acid 6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. Then add cashew nut pieces, almond stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		and chutney dalia, stir for five minutes.
6 tbsp sugar, salt, 2 tbsp Fennel seeds 1 tbsp garam Masala, 6 tbsp oil. stir. Mix raisins and parched rice and on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and	<u>.</u>	Then add cashew nut pieces, almond an
1 tbsp garam Masala, 6 tbsp oil. on a slow heat till crispy. Mix garam Masala, chili powder, critic acid and		1 1
Masala, chili powder, critic acid and	<u> </u>	
	,	1 1
า เพนะสา		sugar.

Saffron sweet rice	
Ingredients	Method
250 gms basmati rice	Melt ghee in a pot. Sauté the rice and
150 gms ghee	raisings. Add boiled water. Cook the rice
150 gms sugar	When the rice is fully cooked, add saffi
4 gma saffron	mixed with milk. Mix sugar, when sugar
20 raisins, 8 cardamom powder	is mixed add cardamom powder.
Shahi uppama	
Ingredients	Method
2 cup cream of wheat	Shift cream of wheat. Roast cream of
2 cup butter milk	wheat in one tbsp ghee for five minutes
1 ½ cup coconut milk	Heat ghee and oil in a pot. Add urad da
2 small green banana	and roast till brown. Add chopped gree
6 green chilies	chilies and roast for one minutes, then a
2 tbsp urad dal, Curry leaf	curry leaf, asafetida.
2 tbsp sugar, 12 Cashew nut	Add butter milk, salt and sugar and boi
3 tbsp ghee, 4 tbsp oil,	After it boils add coconut milk and boil
½ tbsp asafetida	Add cashew nut pieces. When it thicker
Salt	add ghee, stir for five minutes.
C 11 M	
Sambhar Mango pickle	Mathad
Ingredients	Method For molving Sombhorn
1 kilo Raw mangoes	For making Sambhar:
100 gms salt	Take a frying pan add a little oil and fry
1 tbsp Turmeric powder	fenugreek powder, and mustard seeds
1 cup fenugreek seeds powder	powder. When cool mix red chili powd
1 cup mustard seeds powder	salt and asafetida.
1/4 cup fenugreek seeds	Take a pot and put raw mango piece an
2 cup red chili powder	mix salt and turmeric powder. Remove
100 gms oil	raw mango pieces from the pot and dry
500 gms Sambhar	the cloth for six hours.
2 tbsp asafetida	Soak fenugreek seeds in raw mango wa
	for six hours. Mix raw mango pieces,
	Smabhar powder and fenugreek seeds.
Sindhi pickle	
Ingredients	Method
1 kilo raw mango	Spread salt at the bottom. Arrange raw
salt	mango and over it spread salt. Repeat the
3 tbsp Turmeric powder	all the raw mangoes have been arranged
5 toop Taimerie powder	Press the mango daily for two to three
	times a day. Sprinkle turmeric powder
	times a day. Sprinkle turmeric powder

Slab chocolate	
Ingredients	Method
½ kilo sweater chocolate slab ¼ kilo beater chocolate slab moulds for shapes.	Grate beater and sweater slabs in a plate place the double layer boiler on the gas. Put the grated mixture in the top layer of the pot. When the water boils the contents will met. Stir till it is thick enough to make chocolates. Pour the contents in the mould. Keep the moulds in the refrigerator for 20-25 minutes.
Spinach soup	
Ingredients	Method
4 bunches spinach 2 tomatoes,½ kilo green peas Pepper, Salt 3 cups milk,2 tbsp corn flour 2 tbsp butter,200 gms cream 240 Soda	Add salt, soda, chopped tomatoes and spinach in water. Boil for 10 minutes. Melt butter in a frying pan. Sauté. Add spinach soup and corn flour mixed in milk. Boil for 10 minutes. Remove from the gas and add pepper and salt. Sprinkle boiled peas. In each soup bowl add churned cream.
Sponge cake	
Ingredients	Method
140 gms all purpose flour 2 tbsp baking powder ½ tbsp soda ½ tin condensed milk 60 ml butter 75 ml water 1 tbsp vanilla essence For the icing: 100 gms white butter 100 gms margarin 200 gms icing sugar ½ - tbsp vanilla extract.	Shift all purpose flour, soda and baking powder. In a pot melt butter and beat it. Add condensed milk and beat for five minutes. Mix the flour and stir. Add vanilla essence and beat. Grease an oven tray and dust it. Pour the contents in the oven try and bake for thirty minutes. Oven temperature at 375F. When the cake is baked, remove from the oven and turn out onto a wire rack and cool it. For the icing: Beat butter and margarine with a spatula. Mix icing sugar slowly by beating the butter. Beat the mixture till they become white and smooth. Add vanilla essence and beat.

Sunder raw mango	
Ingredients	Method
2 ½ kilo <i>Rajapurti</i> mango 2 ½ kilo sugar Salt 2 tbsp Turmeric powder	Chop mangoes into pieces. Mix turmeric powder and slat. Stir and leave for two days. In a pot take sugar and add water and boil till it attain two tar. Mix raw mango pieces.
Tamarind date chutney	
Ingredients	Method
50 gms Tamarind 150 gms dates, 100 gms brown sugar 2 tbsp cumin seeds 2 tbsp red chili powder 1/4 black slat, Salt	Take tamarind, dates and brown sugar and boil for two minutes and remove. Add salt. Cumin seeds powder and red chili powder, salt and black salt and mix well.
Tawa corn pav-bhaji	
Ingredients	Method
Pav baji bread, 2 tbsp butter 1 tbsp pav bhaji Masala coriander leaves, 1 tbsp Lemon juice. For the bhaji: 200 gms boiled corn 100 gms paneer ricotta cheese ½ cup fenugreek, 500 gms Tomatoes 2 ½ tbsp pav bhaji Masala Lemon juice, 1 bell pepper 2 tbsp red chili powder 4 tbsp butter, Salt, Green chilies	Cut the bread into piece and roast them with a little oil, pav-bhaji Masala, lemon juice and coriander leaves. Stir fry the chopped bell pepper. After two minutes add tomato puree, pav bhaji Masala, salt red chili powder and lemon juice. After two minutes add boiled corn and fenugreek. Add the paneer ricotta cheese.
Tomato chutney	
Ingredients	Method
500 gms tomatoes, 250 gms sugar 2 tbsp garam Masala 2 tbsp red chili powder, 15 Cashew nuts 50 gms date, Salt 1 tbsp Acetic acid, 1 tbsp sodium benzoate	In a pot put pieces of tomato and grated. Keep them on the gas till tomatoes are cooked. Add sugar. Add salt, red chili powder, garam Masala and pieces of cashew nut and dates. Add acetic acid sodium benzoate and mix well.

Tomato Sabji Pulav	
Ingredients	Method
3/4 cup basmati rice 2 tomatoes 1/4 cup cauliflower 10 French beans. 1/4 cup peas, 2 Cardamom 2 tbsp ghee, 1/2 tbsp Cumin seeds 2 black cardamom, 2 Cinnamon 4 Cloves, Salt	Wash, peel and chop tomatoes. Cut beans and cauliflower in long pieces. Melt ghee in a pot, add cumin seeds, green cardamom, cinnamon, cloves and large cardamom. Once they crackle, add chopped tomatoes, peas, cauliflower, beans and salt. Drain out water from the soaked rice and add it to the boiling vegetables.
Tomato soup	
½ kilo Tomatoes, Pepper powder Salt, Water 1½ cup milk, 1 tbsp corn flour 1 tbsp Butter, 100 gms Cream Fried bread pieces	Cut tomatoes, and add seven cups of water. Pressure cook for two whistle and then for five minutes cook on a low heat. Melt butter in a frying pan. Add soup to it. Dissolve corn flour in milk and add to the soup. After salt and pepper.
Tomato coconut soup	
Ingredients	Method
½ kilo Tomatoes 1 coconut Pepper powder Salt 1 tbsp Soaked rice 3 cups water 1 tbsp corn flour 1 tbsp butter, 1 tbsp sugar	Add one cup of water to the grated coconut, liquidize and strain. In the coconut milk add corn flour. Melt butter over low heat. Add and sauté for two minutes. Add tomatoes and rice. Add five cups of water and boil for twenty minutes. Add coconut milk to the strained soup. Mix sugar. Heat over medium heat and bring it to two boils. Add salt, pepper and sugar.
Tri colour rice	
2 cups basmati rice For the green colour Coriander leaves, ½ cup crated coconut ¼ cup mint leaves, 1 tbsp sugar 3 green chilies, 1 lemon juice ½ tbsp cumin seeds,½ tbsp ghee 150 gms peas, 50 gms French beans Salt. ½ tbsp Ghee, 150 gms peas, 50 gms French beans For Red colour ½ cup tomatoes sauce,½ tbsp chili sauce 1 small chopped tomato, ½ tbsp ghee, Salt For the white colour. ½ tbsp ghee, ½ tbsp cumin seed.	Boil the peas and beans. Cook the rice in a pot. Divide the cooked rice into three parts. To the one part of rice mix chutney paste, salt, boiled vegetables. Melt ghee in a pot, add this green rice and stir to mix it well. To the second part of the rice mix tomato sauce, tomato pieces, chili sauce and salt. Melt ghee in a pot and add this red rice. Stir to mix well. In the third part of the rice add salt, stir and remove, melt ghee in a pot, add cumin seeds and rice. Take a round pot. First spread green rice, then white rice and lastly, red rice. Transfer the rice in a plate, remove the round pot. Rice is in tri-colour layers.

Tiv colour shooslets	
Tir colour chocolate	N 4 1
Ingredients	Method
3 tbsp milk powder	Shift icing sugar and milk powder. In a
3 tbsp icing sugar	glass plate mix icing sugar and milk
½ tbsp green colour	powder to the mixture add a little water
½ tbsp ice cream extract	and knead the dough. Divide it into three
4 drops red colour	equal parts.
4 drops mint extract	In first part mix vanilla extract. In the
4 drops rose extract	second part mix green colour and ice-
Water	cream extract.
	In the third part mix red colour and rose
	extract. Take a little dough from all the
	three and mix well. Mould in any shape.
Two in one handwa	Mathad
Ingredients	Method
For the green layer	For the green layer: shift the millet flour.
1 cup baajri flour	Beat the curd and mix to form vada like
1 cup grated bottle gourd	batter. Mix bottle gourd, chopped spinach
½ cup spinach	and leafy fenugreek peas. Mix French
½ cup leafy fenugreek	beans, crushed peas chili paste, paste,
½ cup chopped beans	sugar and salt.
¹ / ₄ cup peas	For the yellow layer: shift the maize
2 tbsp green chili	flour. Beat the curd and mix to form vada
Salt	like batter. Mix chopped cabbage,
2 tbsp sugar	turmeric powder, chili paste, sugar and
350 gms curd	salt.
for the yellow layer:	Heat oil, and add mustard seeds, when
1 cup maize flour	they crackle add cumin seeds, cloves,
½ cup chopped cabbage	cinnamon, curry leaf, asafetida and
½ cup diced tomato	sesame seeds. Divide into two. Pour one
½ cup grated raplate	portion in the baajri batter and the second
2 tbsp green chili-paste	part in the maize batter.
Salt	Take oil in a non stick pan and heat. Pour
2 tbsp sugar	the green millet batter. After five minutes
½ tbsp turmeric powder	pour the maize batter. Spread sesame
For the baghar:	seeds, cashew nut and cilantro leaves on
2 tbsp oil	the top. Cover with the lid and allow the
1 tbsp Mustard seeds	lover part to become brown. When it is
3 cloves	brown upside down the handwa.
2 cinnamon	
2 tbsp sesame seeds	
Curry leaf	
½ cup leaves of cilantro	
½ cup cashew nut pieces	
3 tbsp sesame seeds	
J tosp sesame seeds	

Vanilla buns	
Ingredients	Method
Sponge cake	Make the batter like sponge cake mix
20 gms dried coconut grated	grated coconut.
Butter paper cups	Pour the contents in the paper cups, k
1 1 1	them in the oven tray.
Vegetable cones	
Ingredients	Method
2 cups all purpose flour	Shift all purpose flour. Mix flour and
½ cup cream of wheat	cream of wheat. Add salt and ghee.
Oil for frying, Slat	Knead dough again and divide into ed
For filing:	portion. Take one portion and roll into
250 gms Green peas	roti.
Cilantro leaves, 1 cup coconut, grated	For filling:
2 tbsp green chili paste	Boil peas in a pressure cooker. Mash
1 tbsp lemon juice,2 tbsp sugar, Salt	Mix grated, cilantro leaves, grated
For the covering	coconut, lemon juice, sugar and salt.
½ cup fine flour, Salt,	Make into long rolls to be filled in the
1 tbsp chili powder,	cone.
Mix all-purpose flour	Take a cone and fill ³ / ₄ part with veget
Chili powder, Salt	filling. Apply the flour paste. Fry in o
•	
Vegetable green soup	
Ingredients	Method
200 gms cabbage, 100 gms green peas	Chop vegetables. Sauté vermicelli in
200 gms bottle ground pepper powder	little butter till brown. Boil in pressur
1 tomato, Salt	cooker, for two whistles.
3 tbsp Vermicelli, 2 tbsp butter	Shift the soup through fine shift. Mix
3 cup milk, 2 tbsp corn flour	flout in milk and add to the soup. Boi
-	soup till it thickens.
Walnut chocolate	
Ingredients	Method
1 cup walnut (half cut)	Shift icing sugar. Mix cashew nut powde
6 tbsp icing sugar	icing sugar, extract and colour. Divide the
6 tbsp cashew nut powder	into equal parts.
3 drops rose extract	Press them in between the halves of waln
2 drops green colour	Take chocolate coating and dip walnut in
	coating and leave to dry on butter paper.

Warm pot adda	
Ingredients	Method
500 gms boiled rice 200 gms <i>Urad dal</i> 1 cup fried rice 150 gms peas ½ coconut grated Salt	Soak boiled rice and <i>Urad dal</i> separately for and oven night. Soak fried rice for one hour. Grind the rice, dal and fried rice separately. Combine the pastes, add water to make it into a slightly soft batter. Add salt to the batter. Grease the idli griddle. Heat idli griddle on the gad. Add a little oil in each mould. Fill ½ mould with batter. Spread peas and grated coconut. Pour the batter. Cover the griddle. When they turn brown on one side, turn adda upside down cook till brown.
Whisked spange cake	
Whisked sponge cake Ingredients	Method
140 gms all-purpose flour 2 tbsp baking powder ½ tbsp soda ½ tin condensed milk 60 ml butter 75 ml water 1 tbsp vanilla extract caster sugar mix fruit jam	Prepare the batter as per sponge cake, but a little thinner by mixing a little water. Make this cake in the biscuit tray. Grease the tray and put the butter paper and spread the batter, evenly thin in the tray. Bake the cake at 375 F for 15 minutes. On the other butter paper, dust sugar. Put the cake tray over the dusted sugar paper. Apply fruit jam in the center of the cake and roll the cake with the butter paper. Roll it a little and remove the butter paper. Make the roll a little tight.
White dhokla	
Ingredients	Method
3 cups rice 1 cup Urad dal Butter milk 2 tbsp green chili paste Salt	When rice dries. Mix Urad dal. Grind in the grinder. The flour should be a little granular. Heat some butter milk and mix slat and flour. Stir continuously while adding the flour. Beat the flour and add green chili paste. Boil water. Grease a plate and pour the batter. Leave in the pot. Steam the dhokla for seven minutes.
Wood apple chutney	
Ingredients	Method

1 wood apple,1 cup cilantro leaves 6 cloves, Salt 100 gms brown sugar, 3 green chilies 2 tbsp cumin seeds	Mix all the ingredients. Grind them to paste.
Almond burfi Ingredients	Method
1 cup almonds 1 cup sugar milk enough to blend A pinch saffron 2 tbsp ghee	Soak almonds in boiling water for five minutes. Pell out the skin of the almonds. Blend the almonds and sugar in very little milk. Cook the mixture in a non stick cooking
Silver warq for decoration	pan stirring continuously. Add the ghee and saffron and cook till it forms a ball and comes clean. Spread the mixture on a greased cookie sheet and put a cling wrap on the top of it and roll it with a rolling pin to spread. Decorate with silver warq.
Almond halwa	
Ingredients	Method
1 cup almonds 3 cups sugar 2 cups ghee 1 pinch yellow colour.	The previous night itself, soak 1 cup of almonds, in boiling water. The next morning peel off the skin of the almond. Grind the almonds in a mixture till a fine paste like consistency is obtained. Prepare sugar syrup by boiling the sugar whit cup of water taken in a pan. When the sugar syrup starts boiling add the almond paste mix well. Mix the yellow colour with a little water and add to the boiling mixture. Immediately, mix in 1 cup of ghee. As the mixture starts becoming paste like, gradually pour in spoonfuls from the remaining cup of ghee. When the mixture reaches a batter like consistency, remove from the fire.

Almond kheer	
Ingredients	Method
35 almonds 1 litter milk 20 cashew nuts 20 pistachio 4 cardamoms, powdered 100 gms saffron 5 tbsp ghee	Soak almond for eight hours. Take out the outer, brown skin. Make a paste of almonds and cashews. Take milk in a thick bottom vessel. Allow to boil. Take another thick bottom vessel and put ghee in it. Fry the Almonds Cashew nuts' paste lightly. It should not turn to brown colour. After a little cooling, pour the boiled milk, add sugar and stir it nicely. After a little cooling, pour the boiled milk, add sugar and stir it nicely. Add cardamom powder and stir it for another six minutes allow it to cool. After cooling, decorate with saffron and finely chopped pistachio.
Almond milk shake	
Ingredients	Method
15 almonds 7 Cardamom pods 10 pepper corns 1 ½ cups milk ¾ cup water 1 tbsp Fennel seeds 1 tbsp white poppy seeds 4 tbsp sugar Crushed ice	Soak almond overnight. Drain and put in a blender with ¼ cup water. Blend to a smooth paste. Grind seeds from cardamom with fennel, peppercorns and poppy seeds. Soak this ground seed stuff with remaining water for one hour. Strain this liquid through three folds of cheese cloth, add the almond paste, milk and sugar. mix well and serve over crushed ice.

Almond Roll	
Ingredients	Method
1 cup whole almond 2 cups sugar 3 cups water 2 tbsp ghee 1 tbsp kewda water 4 tbsp finely crushed raw almonds.	Soak almonds overnight. Peel them. Make single thread consistency sugar syrup using sugar and water. In the blender make a paste of peeled almonds using the sugar water. Cook the paste on medium fire, keep stirring after the paste changes colour to off white then add 1 tbsp ghee. After the colour is darker add the rest of the ghee. After the almond mixture starts leaving the side of the pan, take it off the flame and let it cool. Add the Kewda water. Make small elongated oval rolls with hand and roll them in the crushed almonds.
Apple cocktail Ingredients	Method
1 liter well chilled apple juice 1 apple cored and chopped 750 ml sparkling apple juice 750 ml soda water, Ice. Mint leaves	Mix juice and apple in a large jug. Keep cool until required. Just before serving add sparking apple juice, soda water, ice and mint.
Apple raita	No. 1
Ingredients 1 apple, 3 cups curd 1 tbsp sugar, Salt to taste 1 tbsp black pepper powder	Method Peel and cut the apple in small pieces. Beat curd till smooth. Add apple in curd. Then add sugar, pepper and salt, in this mixture of apple and curd.
Banana kiwi shake	
Ingredients	Method
1 banana peeled and quartered 1 kiwi, peeled and halved, 1 cup butter milk, 5 tbsp curd 2 tbsp sugar, lemon wedges for decoration	Put all the above ingredients in a blender and blend to a smooth paste. Cover and refrigerate for few minutes. Serve with lemon wedges on it.
Basundi 950 gms Ricotta cheese	Preheat oven at 325 F for ten minuets.

Blueberry lassi	
Besan laddoo Ingredients ½ kg Gram flour 2 cups powdered sugar 1 cup ghee 8 cardamoms, powdered 1 tbsp kiss miss 1 tbsp cashew nuts	Method Heat ghee in a pan, roast the gram flour until golden brown. Then add powdered sugar, cardamom powder, kiss miss, fried cashews and fry for another one minutes. Remove from heat and let it cool for some time. Make small balls from the flour using ghee.
Besan halwa Ingredients 1 cup Gram flour 1 cup milk 3/4 cup sugar 1/2 cup ghee 1 tbsp cardamom powder handful of finely sliced almond and pistachios	Method Heat ghee, fry the gram flour until the flour turns golden brown in colour. Add cardamom powder, milk, sugar and keep stirring until the mixture turns thick. Decorate with nuts.
Besan barfi Ingredients 1 cup Besan 1 cup Shortening 1 cup Sugar 4 seeds cardamom nuts	Method Melt shortening in a pan. Turn down heat and add cardamom and besan. Fry, stirring constantly to prevent burning till it has changed colour to brown. Turn off heat and stir in sugar. Spread on a platter. Cut into diamond shapes after it has cooled down.
2 cups sugar 1 cup milk 1 tbsp cardamom powder	Place the cheese in a bowl and one cup of sugar and mix well. Put this mixture in an aluminum foil pack and bake at 350 F for 35 minutes. In a sauce pan add milk for 15-20 minutes. Add the remaining cup of sugar, saffron and cardamom powder to it. The cheese can be removed after 35 minutes of baking which will appears to be in a soggy constituency. Put the Cheese in the freeze for about ten minutes to let it cool. Remove from freezer and drop the cheese slowly in the boiling milk.

Ingredients	Method
2 cups blueberries	Purre the blueberries, curd, and sugar in a
1 cu curd	blender. Pass through a sieve to separate
6 tbsp superfine sugar	the liquid from the skins.
Ice cubes	To serve, put a couple of ice cubes into a
	tall glass and pour the <i>lassi</i> over them.
Bread halwa	
Ingredients	Method
2 tbsp ghee	Crumles and squeeze all water from
3 tbsp sugar	bread. Heat ghee in a kadai add
2 tbsp nuts	breadcrumbs.
8-10 pieces bread	Keep stirring on low flame till golden in
½ tbsp cardamom powder	colour, add sugar and continue stirring till
	all sugar is absorbed and halwa turns
	golden brown in colour.
D (1)	
Bundi Raita	N 4 1
Ingredients	Method
1 cup bundi, 2 cups butter milk	Mix salt and pepper and chopped
Salt and pepper for taste	coriander leaves to butter milk. While
chopped coriander leaves	serving add bundi to it.
Cashew burfi	
Ingredients	Method
1 cup of cashews	Soak cashews in the milk for three hours.
1 cup of milk	In a non stick pan add these with four tbsp
1 ½ cup of sugar	of ghee and cardamom powder.
cardamom powder	Before doing these just add little bit of
4 tbsp of Ghee	ghee in a try and once these mixture get
Total of the control	thickened.
Chakari	
Ingredients	Method
2 cups rice flour	Cook the mung dal to a paste like consistency.
½ cup mungdal paste	In a bowl add rice flour, mung dal paste,
2 tbsp oil	turmeric salt, chili powder, cumin seeds. Mix
½ tbsp turmeric	lightly. Heat oil and add the sizzling hot oil to the rice flour mix.
½ tbsp carom seeds	Take a lemong size dough and place it in a
1 tbsp red chili powder	chakli mould. Heat oil for frying. Gently
salt to taste	make a spiral with the chakli mould and deep
oil for frying water as required	fry to a golden brown.
Chanadal burfi	

Ingredients	Method
250 gms Bengal gram	Soak the gram in water overnight. Drain
1 coconut, grated	and grind it to a thick fine paste using
125 gms ghee	little water.
1 liter milk	Roast the grated coconut to a pink colour.
500 gms sugar	Heat ghee in a pan and fry the gram past
½ tbsp cardamom powder	on a medium flame till all the moisture
2 silver sheets	dries up.
Chocolate milk shake	
Ingredients	Method
4 cups cold milk	Blend milk and cocoa powder in a blender
5 tbsp sweetened cocoa powder	for 20 seconds.
2 cups chocolate ice cream	Add ice cream and whip for 30 seconds.