

## Appendix - Resource Center

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### I - Vegetarian Definition

#### Ovo-lacto vegetarian -

People who do not eat meat of animals such as chicken, pigs, cows, etc. Also they do not eat fish and seafood. But they do eat eggs, egg products, milk and other dairy products. (Some Americans claim that they are vegetarian but they eat chicken and fish, by this definition they are not vegetarian)

#### Lacto-vegetarian -

People who do not eat meat of animals, eggs, egg products, fish, and seafood. But they do use milk and dairy products.

#### Eggitarian -

A lacto-vegetarian, who would not eat eggs explicitly, but will eat cookies, cakes, etc. that may contain eggs.

#### Vegan -

People who avoid all animal products: meat, fish, seafood, eggs, egg products, milk, dairy products, and honey. In addition, they avoid wearing leather, wool, silk, and avoid using other animal products.

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### II - Recommended Reading Material

1	The Compassionate Cook	Ingrid Newkirk	Favorite recipes from PETA staff and members. Available from PETA ( <a href="http://www.peta-online.org">www.peta-online.org</a> ).
2	Cooking with PETA	PETA	In addition to more than 200 recipes, this book includes helpful information on how and why to

			become vegetarian. Available from PETA ( <a href="http://www.peta-online.org">www.peta-online.org</a> ).
3	Diet for a New America	John Robbins.	Exposes the cruelty, wastefulness, and ecological impact of mechanized meat production. Available from PETA ( <a href="http://www.peta-online.org">www.peta-online.org</a> ).
4	Eat More, Weigh Less:	Dr. Dean Ornish.	<i>Dr. Dean Ornish's Life Choice Program for Losing Weight Safely</i> Available from PETA ( <a href="http://www.peta-online.org">www.peta-online.org</a> ).
5	Eat Right, Live Longer:	Neal Barnard, M.D.	<i>Using the Natural Power of Foods to Age-Proof Your Body</i> Available from PCRM ( <a href="http://www.pcrm.org">www.pcrm.org</a> ) and PETA ( <a href="http://www.peta-online.org">www.peta-online.org</a> ).
6	Enemies, A Love Story	I. B. Singer.	This farcical comedy is also a subtle exploration of the parallels between Holocaust refugees and non-human victims of persecution.
7	Instead of Chicken, Instead of Turkey	Karen Davis.	Features vegan alternatives to poultry and eggs.
8	<i>The Jungle</i>	Sinclair.	The classic novel that exposed corrupt conditions in the Chicago meatpacking industry.
9	The McDougal	McDougal II and	An easy to understand

	I Plan for Super Health	McDouga II	explanation of how to “look better, feel better, and stay better.”
10	Slaughterhouse	Eisnitz.	The shocking story of greed, neglect, and inhumane treatment inside the U.S. meat industry.
11	Vegan: The New Ethics of Eating	Marcus	A thorough and engaging overview of the health, ecological, and ethical issues surrounding the human diet.
12	Vegan Nutrition Pure and Simple	Michael Klaper.	Clarifies the consequences of eating animal products and expounding the benefits of a vegan diet.

Additional reading material

1	Don't Drink Your Milk	Dr. Frank Oski
2	Dr. Dean Ornish's Program for Reversing Heart Disease	Dr. Dean Ornish
3	Pregnancy, Children, and the Vegan Diet	Dr. Michael Klaper
4	Reclaiming Our Health	John Robbins
5	Video - Diet for a New America	John Robbins
6	A Physician's Slimming Guide for Permanent Weight Control	Dr. Neal Barnard
7	Food for Life	Dr. Neal Barnard
8	Foods That Cause You Lose Weight	Dr. Neal Barnard
9	The Power of Your	Dr. Neal Barnard

	Plate	
1 0	Milk, A Message to My Patients	Dr. Robert Kradjian
1 1	Save Yourself from Breast Cancer	Dr. Robert Kradjian
1 2	Get the Fat Out	Victoria Moran
1 3	Compassion: The Ultimate Ethic	Victoria Moran
1 4	The Love Powered Diet	Victoria Moran
1 5	Why Be a Vegetarian?	Sheth
1 6	Quit for Good	Ralph C. Cinque
1 7	Food Allergies Made Simple	Phyllis Austin, Drs. Agatha & Calvin Thrash
1 8	Carpal Tunnel Syndrome (Prevention, Treatment, Recovery)	Orthodox Views
1 9	The Tofu Toll Booth	Dar Williams
2 0	Let There be Light	Darius Dinshah
2 1	Conscious Eating	Dr. Gabriel Cousins
2 2	The Science and Fine Art of Natural Hygiene	Dr. Herbert M. Sheldon
2 3	Natural Hygiene (The Pristine Way of Life)	Dr. Herbert M. Sheldon
2 4	Fasting and Eating for Health	Dr. Joel Fuhman
2 5	Medical Drugs on Trial; Verdict Guilty	Dr. K.R. Sidhwa
2 6	A Race for Life (From Cancer to Ironman)	Dr. Ruth Heidrich
2 7	Health for All	Dr. Shelton
2 8	First Aid, the Natural Way	Dr. Sidhwa

2 9	Diabetes and Hypoglycemic Syndrome	Drs. Agatha & Calvin Thrash
3 0	Long Life Now (Strategies for Staying Alive)	Lee Hitchcox

Most of the above books are commonly available at most health and natural foods stores, and many vegetarian societies also stock them. The easiest way to buy them is by mail order from American Vegan Society, P.O. Box H, Malaga, NJ USA 08328

### **III - List of Organizations of Animal care and Nonviolent Activities:**

#### 1. People for the Ethical Treatment of Animals (PETA)

501 Front St., Norfolk, VA, USA 23510

Tel: 757-622-PETA (7382), fax: 757-622-0457

Web: [www.peta-online.org](http://www.peta-online.org), e-mail: [peta@norfolk.infi.net](mailto:peta@norfolk.infi.net)

Exposes animals abuse and promote respect for animals. Its credo is, "Animals are not ours to eat, wear, experiment on, or use for entertainment." PETA is probably the largest organization of its kind, now has global presence in many countries.

#### 2. Physicians Committee for Responsible Medicine (PCRM)

P.O. Box 6322, Washington DC, USA 20015

Tel: 202-686-2210, fax: 202-686-2216,

Web: [www.pcrm.org](http://www.pcrm.org), e-mail: [pcrm@pcrm.org](mailto:pcrm@pcrm.org)

Comprised of physicians and lay members; promotes nutrition, preventive medicine, and ethical research practices; publishers of *Good Medicine* magazine. PCRM is all pro-animals! Not only they stand for strictly vegetarian diets, but also against using animals in laboratories. They lobby hard in the Congress for eliminating meat and dairy from food pyramid, which is taught in schools and used as a guideline for serving lunches.

#### 3. Vegetarian Resource Group

P.O. Box 1463, Baltimore, MD, USA 21203

Tel: 410-366-8343, fax: 410-366-8804

Web: [www.vrg.org](http://www.vrg.org)

Dedicated to health, ecology, ethics, and world hunger education; produces and sells books and pamphlets. One also finds vegetarian and vegan recipes, vegetarian and vegan nutrition information, vegetarian and vegan cookbooks, Vegetarian Journal excerpts, vegetarian travel information, vegetarian and vegan brochures, and

even a Vegetarian Game. Also their travel guide for restaurants at <http://www.veg.org/veg/Guide/USA/> is most useful

4. Beauty Without Cruelty - India  
4, Prince of Wales' Drive, Post Box 1518,  
Wanowrie, Pune 411 040, India  
Web: [www.bwcindia.org](http://www.bwcindia.org)

The organization in India, Beauty Without Cruelty, strives to educate the people about various aspects of living a cruelty-free lifestyle. They define it as "A way of life which causes no creature of land, sea, or air, terror, torture or death."

5. American Vegan Society  
P.O. Box H, Malaga, NJ, USA 08328  
Tel: 609-694-2887

Has an extensive list of available vegetarian books and sponsors annual conferences; oldest American vegetarian organization.

6. Vegan Outreach  
10410 Forbes Rd., Pittsburgh, PA, USA 15235  
Web: [www.veganoutreach.org](http://www.veganoutreach.org)  
Distributes the informative booklet, *Why Vegan?*

7. EarthSave  
600 Distillery Commons, Suite. 200, Louisville, KY, USA 40206  
Tel: 502-589-7676  
Web: [www.earthsave.org](http://www.earthsave.org), e-mail: [earthsave@aol.com](mailto:earthsave@aol.com)  
An organization committed to environmental and health education; provides materials and support for people who are becoming vegetarian.

8. Vegan Action  
P.O. Box 4353, Berkeley, CA, USA 94704-0353  
Tel: 510-654-6297  
Web: [www.vegan.org](http://www.vegan.org)  
Distributes information on vegan diets and lifestyles and campaigns for the increased availability of vegan foods.

9. North American Vegetarian Society  
P.O. Box 72, Dolgeville, NY, USA 13329  
Tel: 518-568-7970  
E-mail: [navs@telenet.net](mailto:navs@telenet.net)  
Web: [www.cyberveg.org/navs](http://www.cyberveg.org/navs), - [www.navs-online.org](http://www.navs-online.org),  
Dedicated to the promotion of vegetarianism through education, publications, and annual conferences.

10. Humane Farming Association  
1550 California St., Suite 6, San Francisco, CA, USA 94109  
415-771-2253  
Web - [www.hfa.org](http://www.hfa.org) E-mail - [hfa@hfa.org](mailto:hfa@hfa.org)  
Leads a national campaign to stop factory farms from misusing chemicals, abusing farm animals, and misleading the American public.  
Runs the nation's largest farm animal refuge.

11. Farm Sanctuary  
3100 Aikens Rd., Watkins Glen, NY, USA 14891  
Tel: 530-865-4617 fax: 530-865-4622  
Web - [www.farmsanctuary.org/](http://www.farmsanctuary.org/)  
Works to prevent the abuses in animal farming through legislation, investigative campaigns, education, and direct rescue programs.  
Operates shelters for rescued farm animals.

12. Jewish Vegetarians of North America  
6938 Reliance Rd., Federalsburg, MD, USA 21632  
Tel: 410-754-5550  
Web - [www.orbyss.com/jvna.htm](http://www.orbyss.com/jvna.htm)  
E-mail: [imossman@skipjack.bluecrab.org](mailto:imossman@skipjack.bluecrab.org)

13. Indian American Dietetic Association ( IADA)  
Rita ( Shah) Batheja, MS RD CDN  
Founder, Indian American Dietetic Association  
825 Van Buren Street, Baldwin Harbor, NY 11510, USA  
Tel: 516-868-0605  
E-mail: [krrbat1@juno.com](mailto:krrbat1@juno.com)

14. American Dietetic Association (ADA)  
ADA's Consumer Nutrition Hotline  
Tel: 1-800-366-1655 9am - 4pm Central time  
Web: [www.eatright.org/catalog](http://www.eatright.org/catalog)

15. Plenty International  
P.O. Box 394, Summertown, TN, USA 38483  
Web: [www.plenty.org](http://www.plenty.org), e-mail: [plenty1@usit.net](mailto:plenty1@usit.net)  
Has worked with villages around the world since 1979 to enhance nutrition and local food self-sufficiency through vegetarianism.

16. The Animals' Voice  
420 East South Temple #240  
Salt Lake City, UT USA 84111  
Tel: 801-539-8100  
Web: [www.animalsvoice.com/](http://www.animalsvoice.com/)

This site contains what used to be a hard-printed a complete magazine on web, all dedicated to, as the name says, “Animal’s Voice.” Which is one of the oldest magazines.

17. The Ark Trust, Inc.

P.O. Box 8191, Universal City, CA, USA 91618-8191

Phone (818) 501-2ARK (2275), Fax (818) 501-2226

Web - [www.arktrust.org](http://www.arktrust.org) E-mail - [genesis@arktrust.org](mailto:genesis@arktrust.org)

The Ark Trust organization, honoring Hollywood and multi media celebrities and authors presenting pro-animal issues. / Their motto is, “Cruelty Cannot Stand Spotlight.” Their annual Genesis Awards are televised on Animal Planet Channel.

18. EnviroLink Network

Web - <http://envirolink.netforchange.com>

Here is a catchall for all the other sites that you may want to search for. This site provides a huge list of linkages in various areas of environmental issues, including the ones listed above.

Listings of Websites:

1	People for the Ethical Treatment of Animals (PETA)	<a href="http://www.peta-online.org">www.peta-online.org</a>
2	Physicians Committee for Responsible Medicine (PCRM)	<a href="http://www.pcrm.org">www.pcrm.org</a>
3	Vegetarian Resource Group	<a href="http://www.vrg.org">www.vrg.org</a>
4	Beauty Without Cruelty - India	<a href="http://www.bwcindia.org">www.bwcindia.org</a>
5	North American Vegan Society	<a href="http://www.cyberveg.org/navs">www.cyberveg.org/navs</a>
6	Vegan Outreach	<a href="http://www.veganoutreach.org">www.veganoutreach.org</a>
7	EarthSave	<a href="http://www.earthsave.org">www.earthsave.org</a>
8	Vegan Action	<a href="http://www.vegan.org">www.vegan.org</a>
9	North American Vegetarian Society	<a href="http://www.cyberveg.org/navs">www.cyberveg.org/navs</a>
10	Humane Farming Association	<a href="http://www.hfa.org/">www.hfa.org/</a>
11	Farm Sanctuary	<a href="http://www.farmsanctuary.org/">www.farmsanctuary.org/</a>
12	Jewish Vegetarians of North America	<a href="http://www.orbyss.com/jvna.htm">www.orbyss.com/jvna.htm</a>
13	Plenty International	<a href="http://www.plenty.org">www.plenty.org</a>



1 4	Animal's Voice	<a href="http://www.animalsvoice.com/">www.animalsvoice.com/</a>
1 5	The Ark Trust Inc.	<a href="http://www.arktrust.org/">www.arktrust.org/</a>
1 6	<a href="http://envirolink.netforchange.com/">EnviroLink Network</a>	<a href="http://envirolink.netforchange.com/">http://envirolink.netforchange.com/</a>
1 7	PETA for India	www.petaindia.org
1 8	The Animal Law Project	www.animal-law.org
1 9	Veggie Pets:	www.meatstinks.com/lpals.html
2 0	Animal Health, Well-being, and Rights	www.tiac.net/users/sbr/animals.html
2 1	Animals' Agenda	www.animalsagenda.org
2 2	Jainism and Animal Issues	www.yja.org/jivdaya
2 3	Charity Birds Hospital	www.exciteasia.com/birds.htm
2 4	Animal Rights Resource Site. Raising Healthy Vegetarian Dogs and Cats	http://arrs.envirolink.org
2 5	Ahimsa of Texas - Animal sanctuary (Ratilal and Bonny Shah)	www.ahimsatx.org
2 6	Shri Mandal Mahajan Panjarapol	www.spaceclub.com/panjarapol/index.html
2 7	Vegetarian/Vegan Resource	www.vegsource.org
2 8	The International Vegetarian Union	www.ivu.org
2 9	Tofutti(tm) Brand Non-Dairy Food Products	www.koshermall.com/tofutti/index.html
3 0	How to Become a Fruitarian	www.islandnet.com/~arton/fruit.html
3 1	Vegetarian Society of the UK	www.vegsoc.org
3 2	Toronto Vegetarian Association	www.veg.on.ca
3 3	Young Indian Vegetarians of the UK	www.indian-vegetarians.org
3	Veggie Sports	www.veggie.org

4	Association	
3 5	Veggie World (useful guidance on renewable energy and organic agriculture.)	<a href="http://www.ozemail.com.au/~vego">www.ozemail.com.au/~vego</a>
3 6	Veggie Shoes	<a href="http://www.vegetarian-shoes.co.uk">www.vegetarian-shoes.co.uk</a>
3 7	Vegan Wares Shoe Company	<a href="http://www.veganwares.com">www.veganwares.com</a>
3 8	Vegetarian Books for Children	<a href="http://gate.cruzio.com/~cns/veg">http://gate.cruzio.com/~cns/veg</a>
3 9	The Vegetarian Youth Network	<a href="http://www.geocities.com/rainforest/vines/4482/">www.geocities.com/rainforest/vines/4482/</a>
4 0	Teen Vegetarian	<a href="http://www.geocities.com/hotsprings/2657">www.geocities.com/hotsprings/2657</a>
4 1	Just for Youth	<a href="http://www.vegsoc.org/youth">www.vegsoc.org/youth</a>
4 2	Famous Vegetarians	<a href="http://veggie.org/veggie/famous.veg.shtml">http://veggie.org/veggie/famous.veg.shtml</a>
4 3	Towards Freedom. Young Indian Americans Reflect. Led by Sangeeta Kumar of San Diego	<a href="http://www.towardsfreedom.com">www.towardsfreedom.com</a>
4 4	The Ahimsa Coffeehouse	<a href="http://www.ahimsa.net/vegetarian">www.ahimsa.net/vegetarian</a>
4 5	Vegetarian Pages	<a href="http://www.veg.org/veg">www.veg.org/veg</a>
4 6	101 Reasons	<a href="http://www.geocities.com/rainforest/2062/101.html">www.geocities.com/rainforest/2062/101.html</a>
4 7	Alternative Therapies and Vegetarian Diets	<a href="http://www.nursing.upenn.edu/nutrition/sites/alt.htm">www.nursing.upenn.edu/nutrition/sites/alt.htm</a>
4 8	Vegetarianism in World Religions	<a href="http://www.vsc.org/page41.html">www.vsc.org/page41.html</a>
4 9	All-Creatures: A Biblical Supersite	<a href="http://www.all-creatures.org">www.all-creatures.org</a>
5 0	Vegetarianism and Islamic Thought	<a href="http://www.islamveg.com">www.islamveg.com</a>
5 1	Islamic Vegetarian Recipes	<a href="http://www.veg.on.ca/newsletr/janfeb96/islam_recipes.html">www.veg.on.ca/newsletr/janfeb96/islam_recipes.html</a>
5 2	Buddhism and Biotechnology	<a href="http://online.sfsu.edu/~rone/">http://online.sfsu.edu/~rone/</a>
5 3	Sister Clara Muhammad's Vegetarian Cookery	<a href="http://www.seventhfam.com/scmhwc/ourfamily/vegetarian.htm">www.seventhfam.com/scmhwc/ourfamily/vegetarian.htm</a>

#### IV Listings of Cruelty Free Companies

The following listings of all companies manufacture products that are not tested on animals.

Those are marked **CSC meet the Corporate Standard of Compassion for Animals**, which in addition to meeting the provisions of PETA’s statement of assurance, also requires companies to obtain confirmation from their suppliers that no animal tests are performed on ingredients supplied to them.

Those marked with a **Vegan manufacture strictly vegan products** — made without animal-derived ingredients such as honey, beeswax, milk and egg byproducts, lanolin, or slaughterhouse byproducts.

<b>Name of the Company</b>	<b>Vegan</b>	<b>Meet Standard</b>	<b>No Animal Test</b>
Alexandra Avery Purely Natural		CSC	Yes
Alexandra de Markoff			Yes
Allens Naturally	Vegan		Yes
Almay		CSC	Yes
Aloe Up			Yes
Aloe Vera of America			Yes
Aloegen Natural Cosmetics			Yes
Aloette Cosmetics			Yes
Alvin Last			Yes
Amazon Premium Products	Vegan		Yes
America's Finest Products	Vegan		Yes
American Formulating & Manufacturing	Vegan		Yes
American International		CSC	Yes
American Safety Razor			Yes
Amitée Cosmetics			Yes
Amoresse Labs			Yes
Amway			Yes
Ancient Formulas			Yes
Andrea International Industries			Yes

Aramis			Yes
Arbonne International			Yes
Ardell International		CSC	Yes
Arizona Natural Resources			Yes
Aroma Vera			Yes
Aromaland			Yes
Astonish Industries	Vega n		Yes
Atmosa Brand Aromatherapy Products	Vega n		Yes
Aubrey Organics			Yes
Aunt Bee's Skin Care			Yes
Aura Cacia	Vega n		Yes
Auroma International	Vega n		Yes
Auromère Ayurvedic Imports	Vega n		Yes
Australasian College of Herbal Studies		CSC	Yes
Autumn-Harp			Yes
Avalon Organic Botanicals			Yes
Aveda		CSC	Yes
Avigal Henna	Vega n		Yes
Avon			Yes
Ayurherbal Corporation	Vega n		Yes
Ayurveda Holistic Center	Vega n		Yes
Bare Escentuals			Yes
Basic Elements Hair Care System	Vega n		Yes
Basically Natural	Vega n		Yes
Basis (Beiersdorf)			Yes
Bath Island			Yes
Bath & Body Works			Yes
Baudelaire			Yes
BeutiControl Cosmetics		CSC	Yes
Beauty Naturally			Yes
Beauty Without Cruelty	Vega n		Yes
Beehive Botanicals	Vega n	CSC	Yes

Beiersdorf			Yes
Bella's Secret Garden			Yes
Belle Star			Yes
Berol (Sanford)			Yes
Better Botanicals			Yes
Beverly Hills Cold Wax		CSC	Yes
Bio-Tec Cosmetics		CSC	Yes
Bio Pac	Vega n		Yes
BioFilm	Vega n		Yes
Biogime	Vega n		Yes
Biokosma			Yes
Biotone			Yes
Bo-Chem Company			Yes
Bobbi Brown			Yes
Body Encounters			Yes
Body Time		CSC	Yes
Bodyography			Yes
Bon Ami/Faultless Starch			Yes
Bonne Bell			Yes
Börlind of Germany			Yes
Botan Corporation	Vega n	CSC	Yes
Botanics Skin Care	Vega n		Yes
Brocato International	Vega n		Yes
Bronzo Sensualé	Vega n		Yes
Brookside Soap	Vega n	CSC	Yes
Bug Off	Vega n		Yes
Caeran			Yes
California Styles			Yes
California SunCare			Yes
CamoCare			Yes
Candy Kisses Lip Balm	Vega n		Yes
Carina Supply		CSC	Yes
Carlson Laboratories			Yes
Carma Laboratories			Yes
Caswell-Massey			Yes

Celestial Body			Yes
Chanel			Yes
Chatoyant Pearl Cosmetics			Yes
Christian Dior			Yes
Christine Valmy			Yes
Chuckles			Yes
CiCi Cosmetics			Yes
Cinema Secrets	Vega n		Yes
Citius USA	Vega n		Yes
Citré Shine			Yes
Clarins of Paris			Yes
Clear Conscience	Vega n		Yes
Clear Vue Products	Vega n	CSC	Yes
Clearly Natural Products	Vega n		Yes
Clientele			Yes
Clinique			Yes
Color Me Beautiful			Yes
Color My Image			Yes
Colorations	Vega n		Yes
Columbia Cosmetics		CSC	Yes
Common Scents			Yes
Compar			Yes
Compassion Matters			Yes
Compassionate Consumer			Yes
Compassionate Cosmetics			Yes
Conair Corporation			Yes
Concept Now Cosmetics (CNC)			Yes
Cosmair1			Yes
Cosmyl			Yes
Cot 'N Wash	Vega n		Yes
Country Comfort			Yes
Country Save Corporation	Vega n		Yes
Countryside Fragrances	Vega n		Yes
Crabtree & Evelyn			Yes
Crème de la Terre			Yes

Crown Royale	Vega n		Yes
CYA Products	Vega n		Yes
Dallas Manufacturing Company			Yes
Damp Rid			Yes
Decleor USA			Yes
Dena Corporation			Yes
Deodorant Stones of America	Vega n	CSC	Yes
Derma-E			Yes
Dermalogica			Yes
Dermatologic Cosmetic Labs			Yes
Desert Essence			Yes
DeSoto			Yes
Diamond Brands			Yes
Dickinson Brands			Yes
Donna Karan Beauty Company		CSC	Yes
Dr. A.C. Daniels			Yes
Dr. Bronner's	Vega n		Yes
Dr. Goodpet			Yes
Dr. Hauschka Skin Care		CSC	Yes
Dr. Singha's Natural Therapeutics	Vega n		Yes
Earth Friendly Products			Yes
Earth Science			Yes
Earth Solutions	Vega n	CSC	Yes
Earthly Matters	Vega n	CSC	Yes
Eberhard Faber			Yes
Ecco Bella Botanicals			Yes
Eco-DenT			Yes
Eco Design Company		CSC	Yes
Ecover Products			Yes
Edward & Sons Trading Company			Yes
Elizabeth Grady Face First			Yes
Elizabeth Van Buren Aromatherapy	Vega n		Yes
English Ideas			Yes
Espial International	Vega		Yes

	n		
Essential Aromatics	Vega n	CSC	Yes
Essential Products of America	Vega n		Yes
Estée Lauder		CSC	Yes
Eucerin			Yes
European Gold			Yes
EuroZen	Vega n		Yes
Eva Jon Cosmetics			Yes
Evans International			Yes
Every Body			Yes
E. Burnham Cosmetics			Yes
Faces By Gustavo			Yes
Facets/Crystalline Cosmetics			Yes
Faith Products			Yes
Farmavita USA			Yes
Faultless Starch			Yes
Fernand Aubry			Yes
Fleabusters, Rx for Fleas			Yes
Flower Essences of Fox Mountain	Vega n	CSC	Yes
Focus 21 International			Yes
Food Lion			Yes
Forest Essentials			Yes
Forever Living Products			Yes
Forever New International	Vega n		Yes
Fragrance Impressions		CSC	Yes
Framesi, USA			Yes
Frank T. Ross/Nature Clean	Vega n		Yes
Free Spirit Enterprises	Vega n		Yes
Freeda Vitamins			Yes
French Transit	Vega n		Yes
Frontier Natural Products Co-op	Vega n	CSC	Yes
Fruit of the Earth			Yes
Gabriel Cosmetics			Yes
Garden Botanika		CSC	Yes
Garmon Corporation			Yes



Garnier1			Yes
Georgette Klinger			Yes
Gigi Laboratories			Yes
Giovanni Cosmetics	Vega n		Yes
Golden Pride/Rawleigh			Yes
Goldwell Cosmetics			Yes
Green Ban	Vega n		Yes
Gryphon Development			Yes
H2O Plus			Yes
Halo Purely For Pets			Yes
Hard Candy		CSC	Yes
Hawaiian Resources	Vega n		Yes
Health Catalog		CSC	Yes
HealthRite/Montana Naturals			Yes
Healthy Solutions			Yes
Healthy Times		CSC	Yes
Helen Lee Skin Care & Cosmetics			Yes
Hemp Erotica	Vega n		Yes
Henri Bendel		CSC	Yes
Herbal Products & Development			Yes
Hewitt Soap			Yes
Hobé Laboratories			Yes
Home Health Products			Yes
Home Service Products	Vega n		Yes
Homebody Perfumoils			Yes
House of Cheriss		CSC	Yes
Huish Detergents			Yes
h.e.r.c.	Vega n	CSC	Yes
i natural cosmetics			Yes
Ida Grae Products			Yes
Il-Makiage			Yes
Ilona			Yes
Innovative Formulations	Vega n		Yes
International Rotex	Vega n		Yes
International Vitamin			Yes

Corporation			
InterNatural			Yes
IQ Products Company			Yes
Island Dog Cosmetics			Yes
IV Trail Products	Vega n	CSC	Yes
Jacki's Magic Lotion			Yes
James Austin Company			Yes
Jane (Sassaby)			Yes
Jason Natural Cosmetics			Yes
Jeanne Rose Aromatherapy			Yes
Jennifer Tara Cosmetics			Yes
Jessica McClintock		CSC	Yes
Jheri Redding (Conair)			Yes
Joe Blasco Cosmetics			Yes
John Amico Expressive Hair Care			Yes
John Paul Mitchell Systems	Vega n		Yes
JOICO International	Vega n	CSC	Yes
Jolen Creme Bleach			Yes
Jurlique Cosmetics		CSC	Yes
J.C. Garet		CSC	Yes
J.R. Liggett	Vega n		Yes
Katonah Scentral			Yes
Ken Lange No-Thio Perm	Vega n		Yes
Kenic Pet Products			Yes
Kenra Laboratories			Yes
Kiehl's Since 1851			Yes
Kiss My Face			Yes
Kleen Brite		CSC	Yes
KMS Research			Yes
KSA Jojoba	Vega n		Yes
K.B. Products			Yes
L'anza Research	Vega n		Yes
L'Oréal (Cosmair) <sup>1</sup>			Yes
La Prairie			Yes
LaCrista	Vega n	CSC	Yes

Lady of the Lake	Vegan		Yes
Lakon Herbals			Yes
LaNatura	Vegan	CSC	Yes
Lancôme (Cosmair)1			Yes
Lander Company			Yes
Lee Pharmaceuticals			Yes
Levlad			Yes
Liberty Natural Products	Vegan	CSC	Yes
Life Dynamics			Yes
Life Tree Products	Vegan		Yes
Lightning Products			Yes
Lily of Colorado			Yes
Lime-O-Sol			Yes
Little Forest Natural Baby Products	Vegan		Yes
Liz Claiborne		CSC	Yes
Lobob Laboratories	Vegan		Yes
Logona USA		CSC	Yes
Lotus Light			Yes
Louise Bianco Skin Care			Yes
Magick Botanicals			Yes
Mallory Pet Supplies			Yes
Manic Panic			Yes
Marcal Paper Mills	Vegan		Yes
Marché Image Corporation			Yes
Marilyn Miglin Institute			Yes
Mary Kay			Yes
Masada	Vegan	CSC	Yes
Mastey de Paris			Yes
Maybelline (Cosmair)1			Yes
Meadow View Garden			Yes
Mehron			Yes
Mère Cie			Yes
Merle Norman Cosmetics		CSC	Yes
Mia Rose Products	Vegan		Yes
Michael's Naturopathic Programs			Yes

Michelle Lazar Cosmetics		CSC	Yes
Micro Balanced Products	Vega n		Yes
Mill Creek			Yes
Mira Linder Spa in the City			Yes
Montagne Jeunesse			Yes
Montana Naturals/Health Rite			Yes
Mother's Little Miracle	Vega n	CSC	Yes
Mountain Ocean			Yes
Mr. Christal's			Yes
Murad			Yes
Muse, Body Mind Spirit			Yes
M.A.C. Cosmetics		CSC	Yes
Nadina's Cremes			Yes
Nala Barry Labs	Vega n	CSC	Yes
Narwhale of High Tor			Yes
Natracare	Vega n		Yes
Natura Essentials	Vega n	CSC	Yes
Naturade Cosmetics			Yes
Natural Animal Health Products			Yes
Natural Bodycare	Vega n		Yes
Natural Chemistry	Vega n		Yes
Natural Products Company	Vega n		Yes
Natural Research People	Vega n		Yes
Natural Science	Vega n		Yes
Natural World		CSC	Yes
Natural (Surrey)			Yes
Naturally Yours, Alex	Vega n		Yes
Nature's Acres			Yes
Nature's Best	Vega n		Yes
Nature's Country Pet	Vega n		Yes

Nature's Gate/Levlad	Vega n		Yes
Nature's Plus		CSC	Yes
Nature Clean	Vega n		Yes
Nature de France	Vega n		Yes
Nectarine			Yes
Neo Soma			Yes
Neocare Laboratories	Vega n		Yes
New Age Products	Vega n		Yes
New Chapter Extracts	Vega n	CSC	Yes
New Vision			Yes
Neway	Vega n		Yes
Neways			Yes
Nexxus		CSC	Yes
Nikken			Yes
Nirvana	Vega n		Yes
Nivea		CSC	Yes
No Common Scents			Yes
Nordstrom Cosmetics			Yes
Norelco	Vega n		Yes
North Country Glycerine Soap			Yes
NuSkin International			Yes
Nutri-Cell	Vega n		Yes
Nutri-Metics International			Yes
NutriBiotic			Yes
N/R Laboratories			Yes
Ohio Hempery			Yes
Oliva	Vega n		Yes
OPI Products			Yes
Orange-Mate	Vega n		Yes
Oriflame			Yes
Origins Natural Resources			Yes
Orjene Natural Cosmetics			Yes

Orlane			Yes
Orly International			Yes
Otto Basics-Beauty 2 Go!			Yes
Oxyfresh Worldwide	Vega n		Yes
Pacific Scents	Vega n	CSC	Yes
Parlux Fragrances	Vega n		Yes
Pashtanch	Vega n		Yes
Pathmark Stores			Yes
Patricia Allison Natural Beauty			Yes
Paul Mazzotta	Vega n	CSC	Yes
Paul Mitchell	Vega n		Yes
Perfect Balance Cosmetics		CSC	Yes
PetGuard			Yes
Pets 'N People	Vega n		Yes
Pharmagel Corporation	Vega n		Yes
Physicians Formula			Yes
Pierre Fabre			Yes
Pilot Corporation	Vega n		Yes
Planet	Vega n		Yes
PlantEssence			Yes
Prescriptions Plus			Yes
Prescriptives			Yes
Prestige Cosmetics			Yes
Prestige Fragrances			Yes
Pro-Tec Pet Health			Yes
Professional Pet Products	Vega n		Yes
Protocol;) Cosmetics			Yes
Puig USA		CSC	Yes
Pulse Products	Vega n		Yes
Pure Touch Therapeutic Body Care	Vega n		Yes
Pure & Basic Products	Vega		Yes

	n		
Queen Helene			Yes
Rachel Perry			Yes
Rainbow Research		CSC	Yes
Rainforest Company			Yes
Ralph Lauren Fragrances			Yes
Real Animal Friends	Vega n		Yes
Recycline			Yes
Redken Laboratories1		CSC	Yes
Rejuvi Skin Care			Yes
Reviva Laboratories		CSC	Yes
Revlon			Yes
Rivers Run			Yes
Royal Herbal			Yes
Royal Labs Natural Cosmetics	Vega n		Yes
Rusk			Yes
Sacred Blends			Yes
Safeway		CSC	Yes
Sagami	Vega n		Yes
Sanford Corporation			Yes
Santa Fe Botanical Fragrances	Vega n		Yes
Santa Fe Soap Company	Vega n		Yes
Sappo Hill Soapworks	Vega n		Yes
Sassaby (Jane)			Yes
Schiff Products			Yes
Scruples			Yes
Sea-renity		CSC	Yes
Sea Minerals			Yes
Sebastian International			Yes
Secret Gardens			Yes
Senator USA			Yes
SerVaas Laboratories		CSC	Yes
Seventh Generation	Vega n		Yes
Shadow Lake	Vega n		Yes
Shaklee			Yes
Shikai			Yes

Shirley Price Aromatherapy			Yes
Shivani Ayurvedic Cosmetics		CSC	Yes
Simple Wisdom		CSC	Yes
Simplers Botanical Company			Yes
Sinclair & Valentine			Yes
Sirena (Tropical Soap Company)	Vegan		Yes
Skin Essentials			Yes
Smith & Vandiver			Yes
Soap Works			Yes
Sojourner Farms		CSC	Yes
Solgar Vitamin Company			Yes
Sombra Cosmetics			Yes
Sonoma Soap Company			Yes
SoRik International		CSC	Yes
Soya System			Yes
Spa Natural Beauty			Yes
Staedtler			Yes
Stanley Home Products			Yes
Steps In Health			Yes
Stevens Research Salon Products	Vegan		Yes
Studio Magic		CSC	Yes
St.John's Herb Garden			Yes
Sukesha (Chuckles)			Yes
Sumeru	Vegan		Yes
SunFeather Natural Soap Company	Vegan		Yes
Sunrider International		CSC	Yes
Sunrise Lane Products			Yes
Sunshine Natural Products	Vegan		Yes
Sunshine Products Group	Vegan		Yes
Supreme Beauty Products			Yes
Surrey			Yes
Tammy Taylor Nails			Yes
TaUT by Leonard Engelman			Yes
Ted Stone Enterprises			Yes
Tend Skin Company			Yes
TerraNova		CSC	Yes
Terressentials	Vegan		Yes



The Apothecary Shoppe			Yes
The Body Shop			Yes
The Essential Oil Company			Yes
The Face Food Shoppe			Yes
The Herb Garden			Yes
The Magic of Aloe			Yes
The Principal Secret			Yes
The Shahin Soap Company	Vega n	CSC	Yes
The Ultimate Life	Vega n		Yes
The Wella Corporation		CSC	Yes
Thursday Plantation			Yes
Tish & Snooky's			Yes
Tisserand Aromatherapy	Vega n		Yes
Tom's of Maine			Yes
Tova Corporation		CSC	Yes
Trader Joe's Company			Yes
Travel Mates America			Yes
Tressa			Yes
TRI Hair Care Products			Yes
Trophy Animal Health Care			Yes
Tropix Suncare Products	Vega n		Yes
Truly Moist			Yes
Tyra Skin Care			Yes
Ultima II			Yes
Ultra Glow Cosmetics	Vega n		Yes
Un-Petroleum Lip Care			Yes
Unicure			Yes
Upper Canada Soap & Candle Makers		CSC	Yes
Urban Decay			Yes
USA King's Crossing	Vega n	CSC	Yes
U.S. Sales Service (Crystal Orchid)	Vega n		Yes
V'tae Parfum & Body Care			Yes
Vermont Soapworks			Yes
Veterinarian's Best	Vega n	CSC	Yes
Victoria's Secret			Yes

Virginia Soap			Yes
Von Myering by Krystina	Vega n		Yes
VThe Soap Opera			Yes
Wachters' Organic Sea Products		CSC	Yes
Wala-Heilmittel	Vega n		Yes
Warm Earth	Vega n		Yes
Weleda			Yes
Wellington Labs			Yes
Whip-It Products	Vega n		Yes
Wind River Herbs			Yes
WiseWays Herbals			Yes
Womankind			Yes
Wysong			Yes
Zia Natural Skincare			Yes