

VASTU AND DIRECTIONS

As per the Vastu rules, while constructing a building it must be located in such a way that it receives the maximum benefit from the solar and cosmic energies. Thus the orientation attains a vital part. The various directions are:

North, South, East, West, NorthEast, NorthWest, SouthEast and SouthWest. Every corner is again divided into 2 sides. Namely:

NorthEast -	East North EastNorth North East
SouthEast -	East South East South South East
NorthWest -	West North WestNorth North West
SouthWest -	South South West West South West

The NorthEast corner is stated to receive the cosmic energy, which is a combination of energy from different planets apart from sun, in abundance. And from there it moves in the opposite direction i.e to the SouthWest.

VASTU PRINCIPLES

Location of land An Ideal House can be made on a "GAUMUKHI PLOT", While selecting a plot the following points should be observed: **1. Directions facing**

- Northeast :** over all good for home, factory and offices
- Northwest :** good for trading, business and industry
- Southeast :** good for chemical, petrochemical, or electric related business or industry
- Southwest :** good only for night time activities

2. Shape of the plot

There are many shapes and designs of the plots. But only four shapes of plots are recommended.

SQUARE

RECTANGULAR (the ideal ratio is 1:2)

SHERDAH

GAUMUKHI

SHERDAH - It means a plot which is wider in front then the back(like a face of a lion). It is good for business and industry.

GAUMUKHI:- It means a plot which is wider in back then the front (like a face of a cow). It is good for residential purpose.

3. Slope

The slope of the plot or land should be towards north and east.

4. Plots having road on one side

The plots facing North and East Road

The plot facing West Road

The plot facing South Road

OVERALL PROSPERITY

NAME and FAME

BUSINESS

5. Plots having roads on both sides

The plot facing North & East Roads **GOOD in overall PROSPERITY**

The plot facing East & South Roads **GOOD for females**

The plot facing South & West Roads **AVERAGE**

The plot facing West & North Roads **GOOD**

The plots facing North & South Roads **AVERAGE**

6. Plots having roads on three sides Plot facing (covered by roads on three sides) three side roads are **WEAK PLOTS**. It can be improved by providing passage on fourth side.

- 7. Plots having roads on all sides** Plot facing roads on all sides is the **BEST PLOT**. **8. Plots facing roads with t-junction** Plots facing road with T-Junction are **WEAK PLOTS**. **9. Plots at the dead end of the road** The plot at the end of the road is **NOT a GOOD PLOT**

VASTU TIPS

Astroshastra adapts the ancient vastu guidelines for the contemporary Western lifestyle by offering a reliable system to help you determine your specific needs and preferences.

Vastu can be integrated as science based on energy emanating from various sources. Energy pervades nature. Our life depends on it. Energy rules every form of life on earth. This energy can be either positive or negative. Incorrect vastu creates negative energy. Vastu corrections can be done by neutralising this negative energy by strong positive energy radiating devices like energised pyramids and Energy cards.

Astroshastra shows you practically and concretely how to align the elements of space, air, fire, water and earth so that they work best for you. You will discover the right place to put your bed in your bedroom, the right direction for you to face when you work, the right location to take a healthy break, the right place for your children to study, the right location for your computer or TV, the right place to put heavy furniture, the right place for pictures of your loved ones.

TIPS FOR YOUR HOME

Vastu can fruitfully be applied to the areas of our activities. We should initially concentrate on areas, which affect our life, i.e., where we live and work.

We all care about our homes and spend time, effort and money, trying to make them more comfortable. For most of us it represents one of the biggest investments we ever make. Our home (the architecture of our homes) can damage our health, the air we breathe and the water we drink, without our even being aware of it.

Similarly, at the places where we work, environmental stresses contribute to overall load, preventing us to reach our full potential. Resisting these external forces becomes more important for growth and development.

Your Prayer Room

- 1 Room for prayer and meditation is recommended to be in the north-east corner of the house.
- 2 Deity or image of god should not face the south direction. Ideal positions are such that you face east or west while praying.

Your Staircase

- 1 Southern or south-western portions of the building are ideal for locating staircase.
- 2 Do not design staircase of a building in the north-east portion.
- 3 The steps should climb from east to west or from north to south.
- 4 If there are landings or turnings in a staircase, it should wind up in the clockwise direction.
- 5 The number of steps in a staircase should be an odd number so that if you start climbing the steps with the right foot, you will reach the higher floor on the right foot itself.

Number of columns in a building

Columns in a building should be in even numbers.

Columns in the north-east corner should not be circular.

When columns are exposed for architectural purposes, the number of exposed columns also should be even.

VASTU TIPS (Contd..)

Bedroom:- While construction a bed - room, directions should be specially chosen. The directions according to which rooms should be constructed are as under:

North-West	The room in this direction is suitable for guests and girls.
South-West	The Chief of the house should have his room in this direction.
North-East	No bedroom should be situated in this direction. In such situation there is a possibility of increase number of girls in the family
South-East	No bedroom should be located in this direction. The children do not take interest in studies. There is no sound sleep. People have much anger. Decisions are generally taken hurriedly.
West	There is a possibility of birth of larger number of girls in the family.

Bathroom: - It should be in the West and South directions and the flow of its drains should be towards North-East. Commode should be South or West facing. Exhausts fan can be fixed on North and East walls. Geysers should be South-East since it is 'Agneya' corner and Geyser is associated with heat.

Toilet: -According to Vastu principles, Toilets and Bathroom should be situated separately. These days, it is not possible because of paucity of space. As such, these are built attached with each other within the house. The following points need special attention for such construction.

1. Never build toilets in the direction of eastern corner or at "Ishan angle".
2. These should be constructed mainly towards South or West.
3. The face should be towards south or West while discharging stool.

Balcony: - It should be constructed in the North-East to achieve good health and wealth and if in the houses already constructed, the balcony is in South-West, it should be covered with glass or screens.

Cowshed: - It has been scientifically proved that the cow discharges Methane gas. We exhale carbon dioxide, which is harmful. Methane nullifies the pollution of Carbon dioxide. Therefore cows should be kept in the North-West as far as possible.

Children's Room: - The children are future of the nation. If the parents are able to give right direction to the children at their tender age then tomorrow they will turn into disciplined citizens. The children's room, too, should be constructed in the North-West corner but the bathroom should be arranged in above noted direction only.

Doors: - The doors should be in the North and East. When someone enters through the door, the waves emerging from the doors affect his mind because the magnetic waves always flow around us. Some painting or window should be opposite each door.

Drawing Room: - It should be in North-West, South or west direction. In the traditional drawing rooms mattresses, covered with white sheets of cloth are spread in the entire room and round pillows are kept in South and West walls. Similarly, in the modern drawing room, the furniture should be kept in South and West directions. As far as possible the open space should be maximum in North and East directions.

Dining Room: - In olden days the meals were taken in the kitchen itself but now the dining room has become an integral part of the drawing room. However the dining table should be kept in South-East.

Delivery Room: - If the delivery of child is to be made in the house, it should be done in North-West rooms.

Entertainment Room: - This is an important place and the suitable directions for it is North-West or South.

Food Storage: - The store should be in the kitchen and in the South-East corner.

Garages: - It should be in the South-East or North-West corner but load on North and East Walls be kept at the minimum.

General Room: -Though, it is sparingly used; yet it should be constructed in the North-West.

Guest Room: - It should be in North-West corner.

Kitchen: -The kitchen must be situated in fire angle, i.e. in South-East. The face of the cook should be towards the East. The water tap in kitchen should be in the North-East direction. It is better if the stone on which food is cooked, is of red colour.

North-West This direction is the source of air. Fire and air are combined. As such, the kitchen can also be built in this direction. But while cooking, the face should be towards the East only.

South-West This direction is not suitable for kitchen.

North-East This direction represents the place of water. Fire and water are not friends. Hence, the kitchen should not be located in this direction. If there is a tank or well in this direction, it is all right or otherwise, as has been experienced, it would curtail peace and mutual love in the family.

Laundry: - As the hot water is also used while laundering the clothes, the South-East corner has been considered best for it but the flow of drains should be towards North-East.

Main Switch: - The junction of electric cables of the house should be in the South-East corner along with the main switch.

Main Gate: - The main gate is dependent upon the direction on which the plot lies. However, Both-East and West directions are considered best for the main gate of the house.

Mezzanine Floor: - According to the rules of Vastu-Shastra we have to keep the South-West portion higher. Therefore the mezzanine floor should be constructed in, South or West.

Open Space: - In every plot more open space should be kept in North, East and North-East than in South and West.

Portico: - It should be in the North-East and its height should be less than that of the main roof.

Patient's Rooms: - It is best to keep this room in South-West or North-West corner. If the head of the patient is kept in the South, he recovers early.

Place of Worship: - This is the place from where good ideas flow. If it is in the North-East and the face of the idol is towards North or East then the property of the house is assured. To gain knowledge, one should offer worship keeping his face Northward and should sit near the northern wall and to gain economic prosperity one should keep one's face towards East and should sit in the Eastern side of the room.

Servant Quarters: - These should be in the North-West corner. But load on the north and east walls should be kept at a minimum. This will keep the servants also happy.

Stair Case: - According to the principles of Vastu Shastra the staircase can be constructed in any direction except North-East. If in some old house, the staircase is in the North-East, then a room should be constructed in South-East to lessen its ill-effects.

Study Room: - The North-East corner is best for a study room. If the study room and place of worship room are adjacent then it is considered most beneficial.

Safe(Cash): - Petty cash for daily expenses should be kept in the North. Jewelry and other valuables should be kept inside a safe in the South. This adds to prosperity.

Terrace: - It should be in the North-East.

Trees: - These should not be in North and East but in South and West only.

Verandah: - This should be in the East as this is also a form of open space. Water Tank/Overhead

Water-Tank: - It is best to keep it in the North-West, but could be kept in West also.

Well & Tube well: - Water, too, enjoys great importance in Vastu-Shastra, so it should be in the Eishan Kona or North-East corner which is the most suited direction for it. It has been observed that if a well or tube well was in any other direction, the house owner suffers heavy losses. But when it was closed and the tube well was constructed in the North-East, the owner started earning profits. Given below are the directions and their effects.

North	Peace and Happiness
East	Extreme wealth
South	Shortage of female members or miseries.
West	Stomach and sexual troubles among male members.
North West	Enemy creates trouble.
South - West	Disagreement with the son.
South-West	Fear of death.

Center of the House

Causes Heavy monetary losses

Windows: -These should be opposite to the doors so that both the positive and negative cycles could be completed. This provides happiness and progress to the family.

Watch & Ward: - The guard- room is always constructed by the main gate. Its height should never be more than seven feet.

Weights & Equipment: - For these the South-West direction is considered to be the best.

Yoga & Meditation: - These should always be done in the open and in the North-East direction.

TIPS FOR FACTOR

1. For factory we should select 'SHERDAH' plot. This type of plot has been considered very beneficial.
2. The shape of the land, roads, uninterrupted availability of water and electric power etc. should be kept in mind.
3. According to 'Vastu Shastra' the main gate of factory should be kept in the East, North or North-East of the plot. All other doors can be kept in North-East, East, North or North-West.
4. The guardroom of the factory should be in North-West of the Northern gate and to the South-East of Eastern gate.
5. There must be open space in the North- East. The land of the factory should be elevated in South-West.
6. The store of the factory should be in the South-West.
7. The North-West corner should be used for car-parking.
8. The administrative block should either be in the North or in the East.
9. The South-East and North-West corner should be selected for the staff.
10. For lavatory and toilet the North-West or South-East corner are most suitable.
11. For heavy machinery South, West or South-West corner is best and these directions are also suitable for raw materials.
12. Semi-finished goods should be kept in the West. With this scheme, the finished product will have uninterrupted sale.
13. Transformers, boilers, oil engines, generators etc. should be kept in South-East corner.
14. The North-East portion of the factory should be lower than the South-West portion.
15. The production process should commence in the South-West and the final product should emerge from North-East.

VASTU TIPS - FOR OFFICE

Vastu is like a mechanism. It is directly related to your destiny. So it will always help to improve it. For example if you have a car you cannot expect it to give you the performance of an air craft. Likewise a good Vastu will always improve your financial status and working conditions.

- 1 Money and valuables should be kept in an Almirah or safe facing north.
- 2 If north is blocked it can be cured with the help of regulators.
- 3 If north of any house is blocked it blocks prosperity.
- 4 A boring or tube well in south is very harmful for finance.
- 5 A pit or under ground tank in south is also very harmful for finance. Certain pictures of god goddess and proper placement of mirrors brings financial gains in the house.

- 6 Water flowing from north to east is very good.
- 7 A water fountain in the north east part of the house or factory is very good.
- 8 An aquarium with 9 gold fish and one black fish, in the north east corner/portion of the house or factory is very good.

SOME IMPORTANT RENOVATIONS WITHOUT DEMOLITION:

I have often seen that at many places, that construction has been done against the principles of Vastu and no improvement is possible without demolition. At such places, I have made some experiments, which have proved to be successful. These are stated below:-

- 1) If some river or drain is flowing in a direction other than the north-east direction of the house and has anti - clock movement, then I advised to place the statue of dancing Ganeshji facing the west on the north-east corner of the house. It yielded good results immediately.
- 2) If the boring has been done in the wrong direction in a house or a factory, then I advised to place the picture of Panchmukhi Hanumanji, facing South-East to the boring. I have seen that bad effects due to wrong boring have subdued.
- 3) If a naked wall is seen while entering into a flat, then either a picture or a statue of Ganeshji should be placed there. The naked wall is the sign of loneliness. Hence, the wall should not be kept naked.
- 4) If high voltage overhead wires pass over a house, then a plastic pipe filled with lime should be erected from one corner to the other of the affected area in such a manner that its both ends should remain outside by at least three feet each. This will eliminate the evil effects of energy being generated out of the overhead wire.
- 5) In certain cases, energy circles can be improved by using Swastika Yantra. But, this requires a lot of care. This should be handled under the supervision of an able Vastu Consultant.

WHAT IF?	EFFECT	SOLUTION
kitchen is at the North -East direction.	It would curtail peace and mutual love in the family.	The kitchen can be built in North - West direction. But while cooking, the face should remain towards the east only.
kitchen is at the South-West direction.	This direction is not suitable for kitchen. It would be harmful for the land lord.	South-East direction is best for the kitchen. Water tap in the kitchen should be in the North-East direction. It is better if the stone, on which food is cooked, is red.
Tube well is not at the suitable direction.	Shortage of female members, sexual and stomach troubles among male members.	North -East direction is best for Tube well or well. This place should be open and at the lowest level of the house.
Toilet is built at the eastern corner at the 'Ishan' angle.	It may be cause of diseases.	This should be constructed mainly towards South or West. The face should be towards north or West while discharging stool.
Bedroom is at the South -East direction	The children do not take interest in studies. There is no sound sleep. People have much anger. Decisions are generally taken hurriedly.	To know about best direction for the bedroom, click here.
Bedroom is built in the North - West direction.	The room in this direction is suitable for guests and girls.	